



CITRUS HEIGHTS-AMERICAN RIVER

Apr. 2020 Volume 59, No. 8

SPRING FLING AAUW FIVE STAR

Time: May 9, 2020 11:00 AM Pacific Time (US and Canada)

Join Zoom Meeting, PJ Missman is hosting

<https://us04web.zoom.us/j/74040737913?pwd=eTZOYWRRHUXZJbDFPU3JTbjFrTFVpdz09>



Meeting ID: 740 4073 7913

Password: 017518

Kim Churches announced last week that Marin is one of two branches in the U.S. that are first to earn Five STARS!!!

We are so proud of them! And we are proud to have Sherene Chen, President of the Marin Branch, speak with us at our May meeting and share what it takes to reach the top of the program and claim those 5 stars!

If you have any questions about the program, please have them ready. She will be happy to help us! Details are at: <https://www.aauw.org/resources/member/initiatives/5-star-program/>

Please join us and bring your questions. We will also be presenting to our members what CHAR has already accomplished and where we stand with our goals to reach the Five Stars.

PLEASE JOIN US!

We will be voting on our officers at this meeting. They are listed on p. 7
Page 3 has more about the AAUW 5 Star Program a message from PJ Missman

President's Message

Our power is shown in our ability to achieve, our strength is shown in commitment, our actions are shown in what we do

YEAR 2020 THE 100TH ANNIVERSARY OF
WOMEN'S RIGHT TO VOTE



Hospitals are developing additional capacity and places like the Sleep Train Arena are transformed into surge hospitals as California prepares for an expected spike in Covid-19 cases that could strain the state's healthcare system. Over 37,000 healthcare workers volunteered to come off retirement and other places to serve on the front-lines putting their own lives at risk to help the rest of us. CHAR has helped by working

with Karen Wilkes to supply local hospitals with face masks that can be washed and re-used.

Governor Newsom is looking at ways to ease restrictions but emphasizes *"I continue to remind you in these coming weeks to stay with what has worked. Physical distancing, shelter in place, washing your hands, keeping your hands away from your face. This is buying us time so we can prepare for the surge."*

Governor Newsom appointed Tom Steyer and an 80-member committee to steer the state back toward economic growth and recovery amid the devastation of the Covid-19 pandemic.

I can't begin to tell you how proud I am to be a Californian and how proud I am to be part of AAUW and president of a branch like CHAR. While we are keeping our distance, we are finding ways to help and to make CHAR stronger:

1. **Susan Wheeler, Mary Duval, and Joyce Farruggia** are looking for ways to show five rising 8th graders what STEM, AAUW, and CHAR are all about even while cancelling summer camp. See their story on p. 3.

2. **Karen Wilkes**, that person with an action-oriented personality found a way to help our local hospitals by providing washable, reusable facemasks. See her story on p. 4.

3. **Charlene Eberwine** said **Kirsten Dubray** and **Debra Hildreth**, American River College Foundation, are working to help at-risk students deal with side issues of the Covid-19 pandemic. p. 4.

4. **Pat Boyd, Shirley Chang**, and team nominated our 2020/2021 officers. See p. 5.

5. **Charlene Eberwine** reports that **More than Books** had a ZOOM meeting in April. p.5

6. And see **PJ's** editorial on p. 3 and her plans to use Zoom for our May General Meeting. p.1.

7. Look on the member tab on our web sheet to see what the fund raising has been doing.

8. If you are interested in researching past single parent scholarship recipients please call me.

Lee Battershell-Baird

CHAR President

OFFICERS 2019-2020

PRESIDENT
Lee Battershell-Baird
916-771-0662

PROGRAM VP
PJ Missman—916-241-9685

CO-V.P. MEMBERSHIP
Finance—Roberta Schmalz
916-933-7432
Hospitality—Darlene Houston
916-802-7482

V.P. AAUW FUNDS
Shirley Chang—916-961-1577

SECRETARY
Darothy Derrenger
509-863-4977

TREASURER
Roberta Schmalz
916-933-7432

Reminder:
Board Meeting on ZOOM
Monday, May, 4rd
Time 10:00 AM

You must register in advance for this meeting:
<https://us02web.zoom.us/j/zoom/register/tZModO2vrT4qH9d-bOn55vHOBEdHHqp4SodS>
After registering, you will receive a confirmation email containing information about joining the meeting.



DEADLINE FOR June RIPPLES:
May 10th

— *Please put "Ripples" in the subject line so I will see it!!*

Ripples Editor:
Jean Kohlhoff
jeanieologist@gmail.com

THE AAUW PROGRAM

AAUW's Five-Star National Recognition Program rewards affiliates (states, branches and other organizations) for aligning their work with the AAUW strategic plan and other initiatives that foster the organization's mission of advancing gender equity for women and girls. The program will run from July 2019 through June 2021.

A Message from Our Program Chair, PJ Missman

I know you have all been wondering what the next few months holds for us and what, if anything, we might be able to do with our CHAR friends. I don't think that we, as a group, can plan any in-person programs or meetings for many, many months. It will not actually be safe for us to meet together until we have a vaccine, and that will be at least a year away. I do think we can have meetings and discussions by Zoom and email. Some of you have had family Zoom meetings, I'm sure. Some of you may have had meetings with other clubs or groups on Zoom. I think we could have some of our book groups or other interest groups meet this way.

To begin this and discover who might want to participate this way, we are scheduling a Zoom meeting for May 9, our 2nd Saturday of the month General Meeting. We can all join the meeting and we will see each other and say hello to each other, taking turns to visit and tell our story. We will also VOTE for our next set of OFFICERS.



We will also be learning about the AAUW FIVE STAR PROGRAM, which we have already been signed up for and have made some progress with.

Please Join us on Zoom at 11am for the General Meeting May 9, 2020. It works best if you download the Zoom app on your computer or your phone, or both. You can join us from your computer or your phone. I would prefer that you join with video so that we can all see you, just as we would if we were together. This will be our first try, so do your best, and if you are not able to join us because of technical difficulties, please email me, maybe I can help, but I suggest that you set up and get ready well before the meeting. I'm looking forward to seeing you there!

Tech Trek

CHAR's Tech Trek campers selected this year are Savannah Koppel from Mills Middle School, Helen Shirley-Reyes from Arcade Middle School, Audrey Haays and Addison Williams from Louis Pasteur Middle School. These girls are outstanding candidates. We plan to introduce them to the branch at our September meeting. We are looking for ways our branch can provide alternate Tech Trek experiences for these girls. We welcome suggestions from CHAR members. All Tech Trek Camps were cancelled for 2020. We are thinking about a virtual camp. What are your thoughts?

Please feel free to contact Mary Duval

Days for Girls Embraces Masks 4 Millions

In response to the COVID-19 pandemic, the Days for Girls CHAR and Rocklin CA Team pivoted from making reusable washable menstrual kits to constructing cotton mask covers for local hospitals, volunteers, and skilled nursing homes. The new world-wide project, under the banner of Days for Girls, is called Masks 4 Millions.

The project began locally on March 20th, when two simple masks were sewn by Karen Wilkes, with fabric that was intended for sewing cloth drawstring bags and shields. From there, the network of seamstresses involved in Days for Girls was contacted to mobilize and learn a new pattern to sew. Within 60 hours, the first 100 masks were made by an initial team of 11 people.

Kaiser Roseville requested 1,000 cloth masks to cover the N-95 mask, thereby extending its usage period. Ten days later, 1,711 masks were delivered to the Chief Operating Officer, Kim Menzel. Three days after that, 932 masks were delivered to Sister Sheila Browne at Mercy San Juan Medical Center. Five days later, 1,500 masks were donated to Sacramento County Emergency Operations Center for distribution to volunteers at Food Banks, Salvation Army, and Snowline Hospice. These donations have been followed by various deliveries to Medical Facilities and Skilled Nursing Facilities in Roseville, Auburn, Carmichael, and Walnut Creek.

In the past four weeks, a team of over 200 humanitarians have used their shelter-in-place time to wash, dry, iron, cut, assemble, sew, re-wash, re-iron, package, and deliver 6,048 masks to the helpers in our communities. This ongoing project is being undertaken with appropriate social distancing, as ready-to-sew kits are picked up and dropped off on the bench at Karen Wilkes' home.

In a time of uncertainty, the volunteers who have participated in this project have felt the satisfaction contributing to their community and coming together with a common cause of goodness to help the helpers who are working on the frontlines to relieve suffering. In this way, becoming involved in Masks 4 Millions benefits the giver as well as the receiver.

Follow the progress of the project on FaceBook at: Days for Girls Rocklin CA Team

For more information on the project and to help Karen meet the growing requests for masks, contact Karen Wilkes at bkwilkes@gmail.com

CHAR ARC Partnership by Charlene Eberwine Donation Request

Following is a request from ARC. "Debra and I are working remotely at this time. You are wonderful supporters of our scholarships and more. We invite your group to support students in Los Rios outside of scholarships. Right now we have shifted our focus from our individual college fundraising initiatives (at ARC it is STEM) to helping our most vulnerable students who have lost jobs and don't have access to technology to take their classes online. We have purchased a few thousand laptops districtwide, are giving out food and Raley's gift cards and providing student emergency funding up to \$500 per student. We are also working on getting the scholarship money to our students much sooner this year (May instead of August).

Many thanks for all your support.

Kirsten DuBray

Director of Donor Relations"

If you want to donate to this cause, write your check to AAUW CHAR for: ARC Covid 19 Relief Fund. Send a check to Roberta Schmalz, AAUW CHAR, PO Box 1555, Fair Oaks, CA 95628.

Slate of Officers for CHAR for 2020-21

President	Lee Battershell
President Elect	Vacant – please volunteer
Program VP	PJ Missman
Membership VP	Darlene Houston
Funds VP	Shirley Chang
Secretary	Darothy Derrenger
Treasurer	Tiffany Detinne

Nominating Committee Members:

Pat Boyd
Shirley Chang
Janice Chung
Gwen Houk
Noreen Rademacher

Public Policy Committee

With the coronavirus starting to show itself in California (but before the Governor's shelter-in-place orders), the AAUW-CA Public Policy team decided to exercise caution and improvised our annual legislative meeting with our Advocate in Sacramento. Co-Chairs Kathi Harper and Sue Miller, along with AAUW-CA president Jane Neimeier, did meet with Advocate Magaly Zagal at her office on March 13th, however we communicated with all other committee members via e-mails throughout the day.

Although challenging, the meeting was productive. We reviewed 44 bills with the following resolutions:

- Co-Sponsor 1 bill (SB973)
- Support 26 Bills in the following categories:
 - Product Regulation – 3
 - Family Planning – 5
 - Education – 6
 - Labor/Wages – 2
 - Gender Equity/Discrimination – 4
 - Family Protection – 3
 - Sexual Assault and Sex Education – 2
- 8 Bills will be “watched” for further developments
- 10 Bills were dropped

For more information on these bills, click here: <https://ctweb.capitoltrack.com/public/publish.aspx?session=19&id=920d3c91-39f9-4e59-a017-b2d993254aef>

We have also learned that the Legislature will not reconvene until May 4th. We are not sure what impact that will have on this legislative session, we are advised that their focus is going to be on coronavirus bills, housing and wildfires. The state budget must be approved by June 15, so this too will be an area of focus. We will keep members updated as we learn more.

Finally, we have learned that our long-time Advocate Shannon Smith-Crowley is still healing from the concussion she sustained in an accident last year, please keep her in your thoughts for a successful recovery.

By Kathi Harper,
Co-Chair

Special Interest Groups

Hungry Ladies Dining Out!

Date: Dark till September 2020

Time: 6:00 PM

Place: The Kabob House
648 E. Bidwell St.
Folsom, CA 95630
(916) 983-6619

<http://www.kabobhousefolsom.com/>

Meet at Charlene's house
7042 Rancho Mirage Ct. at 5:30 to carpool

RSVP Charlene Eberwine

Char3@surewest.net or 916-726-9204

Whodunits

Date: Dark til September

Time: 1:00 PM—2:30 PM

Place: Carmichael Library Meeting Room
5605 Marconi Ave., Carmichael

New members welcome. Briefly share and highlight mystery books you have read. Call Coby Bonner at 916-944-1506 with questions.

3rd Thursday Book Group

Date: Thursday, May 21 via ZOOM

Time: 1:00 PM

Books to be Discussed: Tailspin by Steven Brill and Moment of Lift by Melinda Gates

RSVP: Fran Clarke at 916-802-7482

or darol0@mac.com

Great Decisions



The Great Decisions group meets the first and third Tuesdays a month, from 1-3 PM in the Raley's Event Center at San Juan and Sunset.

Due to social distancing requirements will not meet in May and plan on resuming the program in September.

For questions, please contact Virginia Sturdevant at hands@surewest.net or Carolyn Stewart at gorlyn@pacbell.net.

Mahjong

Date: Dark, till September 2020

Time: 1:30 PM

Place: Shirley Chang's home

Address: 4511 Charleston Drive,
Carmichael

Bring: \$5.00 for our AAUW funds Century Club

RSVP: Shirley at 916-961-1577

or shirleychang1735@aol.com

916 961-1577

More Than Books

Date: May, 20, 2020

Time: 8:15 am

Format: ZOOM

Hostess: Linda Marren

Topic: Social Injustice/Justice

Contact: Charlene Eberwine char3@surewest.net for details

ATTENTION MARATHON BRIDGE MEMBERS

Due to the Coronavirus constraints, the Marathon Bridge Committee regrets the cancellation of the May 22nd Luncheon at Eskaton Village. Suspending play for this year seems logical with several teams in need of completing their matches.

We look forward to beginning September, 2020 with continued participation by giving you two year's play for the price of one!!!

Congratulations to all who succeeded with their bidding and thanks to all for hosting a time of friendship and mental stimulation.

Be Safe.

Pat, Margot and Sharon



EXPANDING OUR HORIZONS

Bird Watching

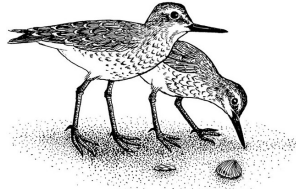
Date: Dark till September

Time: 8:15 AM

Place:

Meet: Calico Corners in Quail Pointe Shopping Center at Sunrise & Madison. Pouring rain cancels the event. **Bring binoculars.**

RSVP: Charlene at 916-726-9204 or Char3@surewest.net or Charlene's cell at 916-203-3587



Gadabouts *

Gadabouts *

Date: Dark till September

Place:

Program: Tour begins at 11:00.

RSVP: Carolynn Michaels at 916-487-9480 or andreacarolynn@att.net

* **Gadabout:** a person who goes out a lot and does not worry about other things they should be doing — Cambridge English Dictionary

California Issues

Meeting: Dark till September

Time: 10:15 a.m.

Topic: Immigration Issues

Where: home of Charlene Eberwine, 7042 Rancho Mirage Court, Citrus Heights

The group continues its study of the changing immigration policies.

Contact: Mary Duval for information: fogardengirl@comcast.net Phone: 916



World Country Study Group

Date: Dark till September

Time: 12:30-2:30 PM

Place:

Program Country:

Topic: Russia

Mary Toutonghi: mtoutonghi@comcast.net

Janice Chung: jansongwalk@comcast.net



More than Books Tries ZOOM

Setting up for ZOOM requires preplanning on the part of the leader. The first time it is used an account is set up. It is free. There is a video that walks you through the process.

Once a meeting time is set up, an email message with all the information is available for the leader to send to everyone in the group. On the designated day and time, everyone clicks on the link and joins the group. It works best if every on downloads ZOOM onto a device that has a working camera ahead of time. It is smoother if the lead logs in about 5 minutes early.

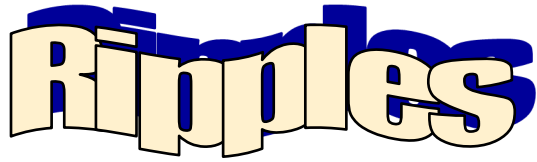
You can use a tablet, phone, or computer. Took a while for everyone to get connected. Next time will be easier. All were able to join, except one who had issues with her smart phone. She does not use a computer.

There is one member who does not have an internet device, only a land line. May try having her join via speaker phone with me and hope she can at least hear the rest of us and be able to join the conversation.

It worked and we will be using it again for the May meeting.

Contact Charlene at 916-726-9204 or Char3@surewest.net for more information

CHAR-AAUW Ripples
4636 Rustic Road
Carmichael, CA 95608



Deadline for June Ripples
May 10th. Send to:
[email jeanieologist@gmail.com](mailto:jeanieologist@gmail.com)
CHAR website:
Citrusheights-ca.aauw.net
Facebook:
www.facebook.com/aauwchar
Email: charaauw@gmail.com

May 2020

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 Board Meeting 10	5	6	7	8	9 CHAR Meeting 11
10	11	12	13	14	15	16
17	18	19	20 More than Books 8:15	21 3rd Thursday Book Group 1	22	23
24	25	26	27	28	29	30



AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:
***AAUW advances equity for women and girls through advocacy,
education, philanthropy and research.***