

CITRUS HEIGHTS-AMERICAN RIVER

Mar. 2020 Volume 59, No. 7

DRIVING SAFELY FOR AS LONG AS WE CAN

...WE ALL YEARN FOR THAT!

Jerrod Sieberg,

a DMV Senior Ombudsman for Sacramento and Northern California

will present



The SENIOR DRIVER OMBUDSMAN PROGRAM.

In an effort to keep all of all of us driving safely for as long as we can , the DMV has created a Senior Driver Ombudsman Program. Mr. Sieberg, one of five Ombudsmen assigned to this program, can assist as a "go-between" to ensure that senior drivers drive safely for as long as they can.

He will answer all of your questions, give you tips and information to insure you are treated fairly, consistent with the laws and regulations, and with the dignity and respect seniors deserve.

Learn the difference between "Real ID" and "Non-Compliant"

Join us:

Tuesday , March 24

at the Sylvan Oaks Library Community Room,

6700 Auburn Blvd., Citrus Heights

at 11:00 AM.

This is a free event, open to the public. Bring your friends. There will be coffee, tea and refreshments.

Register for the AAUW California 2020 Convention!
April 17-19

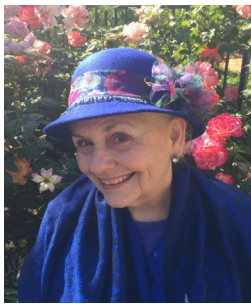
Westin San Francisco Airport, Millbrae.

Register at the AAUW CA website:

<https://www.aauw-ca.org/2020-convention/>

President's Message

Our power is shown in our ability to achieve, our strength is shown in commitment, our actions are shown in what we do



THE 38TH STATE, VIRGINIA, SAID YES TO THE ERA, WHICH MEANS AMENDMENT 28 SHOULD BE PART OF THE US CONSTITUTION SAYING WOMEN ARE EQUAL WITH MEN. WE ARE STILL FIGHTING THOSE WHO WANT TO KEEP WOMEN DOWN. On Thursday, February 13, in a historic step for women, the House voted to

remove the 1982 deadline to ratify the Equal Rights Amendment, 232 voted for 183 voted against. Now, we watch as the bill goes to the Senate—will the bill make it out of Senate committee to the floor.

As for CHAR, this February Liz Jordan, Sacramento, updated us on efforts to recognize the 28th Amendment allowing equality among the sexes. We have a new Ripples editor, Jean Kohloff. Our four-member committee Roberta Schmalz, PJ Missman, Pat Boyd, and Charmen Eberwine are putting finishing touches on our 501c3 application We established the bank account and finalized the contract with Sacramento County to manage their \$10,000 grant to CHAR for our Blue Ribbon Commission for Women and Girls—Erin Saberi says thank you-- Mary Duval and Joyce Furraggio. Tech Trek, is in a position to select candidates for summer Tech Trek Camp and are formulating what our Tech Trek Alumni program will look like. We are half-way ready for AAUW-CA Conference, highlighting Days for Girls led by Karen Wilkes (we do need donations, see p. 6). AAUW @ ARC Student Club President, Samantha Brady attended Karen's training session to help our Students prepare hygiene kits, and we have the information needed to go forward with our fundraising plans. It's exciting!!! I'm looking forward to welcoming new officers and new members that our nominating committee (Pat Boyd, Shirley Chang Janice Chung, Gwen Houk, and Noreen Rademaker) have identified who will infuse new energy into our programs.

YEAR 2020 THE 100TH ANNIVERSARY OF WOMEN'S
RIGHT TO VOTE

Lee Battershell-Baird

CHAR President

OFFICERS 2019-2020

PRESIDENT

Lee Battershell-Baird
916-771-0662

PROGRAM VP

PJ Missman—916-241-9685

CO-V.P. MEMBERSHIP

Finance—Roberta Schmalz
916-933-7432

Hospitality—Darlene Houston
916-802-7482

V.P. AAUW FUNDS

Shirley Chang—916-961-1577

SECRETARY

Mary Toutonghi
509-863-4977

TREASURER

Roberta Schmalz
916-933-7432

*Reminder:
Board Meeting
Monday, Mar. 2nd
Time 10:00 AM
Raley's Meeting Room
San Juan at Sunset,
Fair Oaks*



DEADLINE FOR APR. RIPPLES:

March 10th

— Please put "Ripples" in the subject line so I will see it!!

Ripples Editor:

Jean Kohloff
jeanieologist@gmail.com

VERN AND SHIRLEY CHANG SCHOLARSHIP

CHAR is proud to announce that we have a new scholarship for year 2020, the Vern and Shirley Chang Scholarship, honoring a truly remarkable husband and wife team.

Vern and Shirley are the personification of traits we value in our members. True supporters of CHAR's mission to advance equity for women and girls through advocacy, education, philanthropy, and research, they open their home regularly to prepare and assemble Days for Girls Hygiene Kits and to raise funds for AAUW-Funds through Mahjong games. Thanks to Shirley's efforts CHAR more than doubled its contributions to AAUW-Funds.

Throughout Shirley's CHAR career she has helped establish our Local Scholarship Program, the award-winning Nursing Home Directory, the science center gardens, and more.

At the beginning of this year we heard we might have to cut back on our philanthropic efforts because we couldn't afford all we wanted to do, but that was before Vern. Vern joined CHAR and is providing his expertise and experience to help build a funding plan that will allow CHAR to provide greater funding for ARC scholarships, for Tech Trek, for our new AAUW @ ARC Student Club, for the

ARC paid Intern program, for Days for Girls that provides hygiene kits allowing girls and women to attend school, to work, and to contribute. Vern breathes new life into CHAR fundraising.

Vern grew up in Hawaii, and Shirley, in Missouri. They met in Kansas City while Vern was working at Westinghouse and Shirley was going to school and working. They married August 13, 1955, became parents of three, grandparents to seven, and great-grandparents to eight. Through the years they lead by example in their dedication to excellence and hard work with the result that their children are as outgoing and community minded as they are.

Vern was in the Air Force, worked as an electrical engineer at Aerojet, was Deputy Director of Department of Defense Overseas Schools, followed by yet another career in public school finance and management. Shirley was a stay-at-home mom when their children were small, then returned to school, finishing her bachelor's degree and a masters degree in early childhood education. She juggled raising her own family with a career in education and as a 40 year CHAR member. Shirley and Vern, THANK YOU!!!



KAREN WILKES TO RECEIVE GEORGE WASHINGTON HONOR

Our own Karen Wilkes is being honored for the community service work she has done for the Days for Girls International on February 28. The George Washington Honor Medal will be presented at the Roseville Timber Creek Ballroom by the Freedoms Foundation. It is a national, non-profit, non-partisan, non-sectarian educational organization. Since 1949, Freedoms Foundation has bestowed the Honor Medal on 57,000 people they believe are exemplars of responsible citizenship.

In addition, Karen was recently selected by Roseville AAUW to receive their "Women of Distinction Award" March 12, 2020, 5.30 pm at the Union Brick Event Center, 240 Conference Center Drive, Roseville.



YOU'VE COME A LONG WAY BABY ... BUT YOU'RE NOT THERE YET!

Perhaps many of you will recall the Virginia Slims advertising slogan from the late 60's, "You've come a long way, Baby." This slogan aptly fits the rise of the feminist movement in America which most of us agree dates back even before the Seneca Falls, NY convention in July 1848, but we will start from Seneca Falls.

August 26, 2020 will mark the 100th anniversary of the passage of the 19th Amendment to the U.S. Constitution, the culmination of the Women's Suffrage Movement. It took over seven decades starting from Seneca Falls for a woman's right to vote to be guaranteed as the law of the land.

Since then, we have seen successive waves of the Women's Rights movement. Activists in the 1960's and '70's sought equal rights and opportunities along with greater personal freedom for women, similar to the goals of the suffragists, the first wave of feminism. This second wave of feminism also encompassed every area of women's experience -- including politics, work, the family and sexuality. Major legislative victories were accomplished during this period: the Equal Pay Act, Title VII of the Civil Rights Act, Legalization of birth control for married and unmarried couples, Title X Family Planning Program, Title IX, the Rove v Wade decision and passage of the ERA.

Third-wave feminists sought to question, reclaim, and redefine the ideas, words, and media that have transmitted ideas about gender, gender roles, womanhood, beauty, and sexuality, among other things; while Fourth-wave feminism refers to a "resurgence of interest in feminism that began around 2012 and is associated with the use of social media." The focus has been on justice for women and opposition to sexual harass-

ment and violence against women. The movement is "defined by technology," according to a British feminist, and "is characterized by social media tools that challenge misogyny and further gender equality." Issues include street and workplace harassment, campus sexual assault and rape culture. Scandals involving the harassment, abuse, and murder of women and girls have kickstarted movements such as the "Me Too" Movement.

Where will feminism go from here? We've still got our work cut out for us as well as some unfinished business, namely the ratification of the Equal Rights Amendment, which has now obtained approval by the requisite 38 states, and faces court challenges or perhaps a legislative solution, one being that the 38th State approval was after the deadline. The House voted to remove the 1982 deadline to ratify the Equal Rights Amendment, 232 for, 183 against. Now we watch as the bill goes to the Senate--will the bill make it out of Senate committee to the floor? The US Senate of the Convention on the Elimination of all Forms of Discrimination Against Women (CEDAW) did ratify CEDAW, the international bill of rights adopted by the United Nations in 1979. AAUW has played a notable role in all these waves of feminism and I am sure will continue to do so as we strive for social and economic justice-- because we're not there yet.

Ginny Hatfield

AAUW-CA
Public Policy Committee

SAVE THE DATE! for April's meeting. The Author's Luncheon is at North Ridge Country Club on April 18 at 11 am. Kim S Luke will be speaking. It will be our Annual General Meeting when we vote for our officers for next year.

Tech Trek

Tech Trek worked with local schools in February. Teachers nominated their outstanding students to compete for CHAR's Tech Trek sponsorships.

Tech Trek camp (July 19-25) needs the use of a wheelchair for the week. If you have one to share please contact me.

We are looking for items for the camp Visit Day "swag bags" this year. We would like to include pens with the Tech Trek logo. They cost fifty cents each. Donations to purchase pens would be greatly appreciated. On Visit Day, we need some help to direct visitors from the parking lot to Thompson Hall. If you would be willing to help with any of this, it would be greatly appreciated. Contact Mary Duval at fogardengirl@comcast.net.

Equal Means Equal

On February 8th the general meeting was on the struggles we have overcome and those still ahead of us.

We watched the documentary Equal Means Equal from filmmaker Kamala Lopez who used it to spearhead a national media campaign to raise awareness for the need for women's equality under Federal law. Liz Jordan of Sacramento, AAUW talked about what we personally could do.

PJ Missman was our suffragette for the day. She talked of some of the people who were instrumental in getting us where we are now including, medallions so we could actually see these people.

We had a lively discussion of what each of us can do to continue the path to full rights under the law.

Jean Kohlhoff—New Ripples Editor

Jean Kohlhoff our new Ripples Editor and new CHAR member from Rochester, NY, joined CHAR because, in her words, "I am drawn to organizations where I can make a difference and have a chance to contribute to the community.

Jean attended Keuka College in New York majoring in Mathematics and she completed 3.5 years in 1966 before leaving because of family issues. Soon after leaving school Jean began working as a computer programmer on the brand-new IBM 360's where she worked on the software that would eventually read numbers at the bottom of a check. While she loved her work, Jean had a wanderlust and was soon drawn away from the snow, mud, and rain of Rochester and headed to sunny southern California where she met Allan who was also a programmer. They married in 1970 and had 2 children – a son and daughter. While staying home and caring for her children,



Jean also became involved in the Jr. Woman's Club and a local food Co-op where she honed her business and organization skills.

In 1982 Allan and Jean divorced. Jean pursued various careers for the next few years, including owning a print shop. Her love of computers and uses of this new, growing technology was strong and drew her back to the computer world, where she taught—first at a tech school and eventually at an adult school. Jean taught desktop publishing as well as AutoCAD and web design and met Bill Kohlhoff whom she married in 1990. In 1999 she returned to Rochester to care for her father. He passed away in 2001 and Bill passed away in 2002. Jean now lives in Rancho Cordova near her daughter Michelle.

Jean, we are so happy you are a CHAR member and our Ripples Editor and that you love California– WELCOME!!

DAYS FOR GIRLS

Date: Thursday, March 11, 2020

Time: 1:30 PM

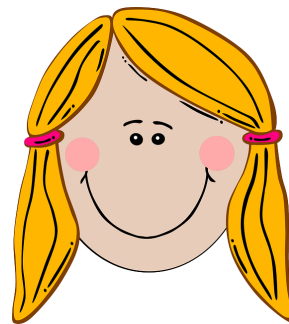
Place: 4511 Charleston Dr., Carmichael

RSVP: shirleychang1735@aol.com

Reminder: At the CA Convention April 18 in San Francisco, CHAR will be leading the assembling of 500 kits for Rwandan refugees. *See below* to see what's needed, what you can do . . .

No more soap is needed.

Please plan to go to the Convention and help with this wonderful event.



Help AAUW-CHAR: DAYS FOR GIRLS Hygiene Kits

This project supports women in many places. Right now we are trying to fulfill a request from the United Nations High Commissioner for Refugees (UNHCR) Rwanda for 500 of these hygiene kits for the Rwanda refugee camp.



Labor of Love

What we need:

⇒ Money to build the kits

Write check to AAUW/CHAR
with Days For Girls in "for" space, and send to:

WRITE CHECK to:

AAUW CHAR
c/o Roberta Schmalz
4057 Albert Drive
El Dorado Hills, CA 95762

⇒ Kit materials — donations in kind

- Dark washcloths
- Hotel-sized soap (we have all we need)
- 5/8" colored grosgrain ribbon
- Girls' 100% cotton undies (sizes 10, 12, 14, 16)
(solid color, geometric, floral, no eyes, glam, or solid white)
(brief, hipster, or bikini, no thong or boy shorts)
- 100% new cotton flannel and quilter's cotton
(dark "stain-busting" colors, no eyes, no faces, no glam)
- Samsonite Tote A Ton duffle bags (Amazon.com)

DROP OFF POINT:

KAREN WILKES
5016 Brower Court
Granite Bay, CA 95746
bkwilkes@gmail.com

OK, you've heard about it — How will you help?

Special Interest Groups

Hungry Ladies Dining Out!

Date: Thurs. Mar 5, 2020

Time: 6:00 PM

Place: The Kabob House
648 E. Bidwell St.
Folsom, CA 95630
(916) 983-6619 <http://www.kabobhousefolsom.com/>

Meet at Charlene's house
7042 Rancho Mirage Ct. at 5:30 to carpool
RSVP Charlene Eberwine
Char3@surewest.net or 916-726-9204

Whodunits

Date: Tues. Mar. 10, 2020

Time: 1:00 PM—2:30 PM

Place: Carmichael Library Meeting Room
5605 Marconi Ave., Carmichael

New members welcome. Briefly share and highlight mystery books you have read. Call Coby Bonner at 916-944-1506 with questions.

3rd Thursday Book Group

Date: Thurs. March 19, 2020

Time: 1:00 PM

Hostess/Discussion Leader:

Leontine Oberg,
8905 Ramstad Ave., F.O

RSVP: March 16th, 916-436-4094, hilehilo@gmail.com

Book: *Tailspin: The People and Forces Behind America's Fifty Year Fall...* by Steven Brill



Great Decisions

The Great Decisions group will hold its March meetings on Tuesdays, March 3rd and 17th from 1-3 PM in the Raley's Event Center at San Juan and Sunset. The topic on March 3rd will be "Red Sea Security". On March 17th, the group will read and discuss the chapter on "Human Trafficking". For questions, please contact Virginia Sturdevant at hands@surewest.net or Carolyn Stewart at gorlyn@pacbell.net.

Mahjong

Date: Thurs., Mar. 12, 2020

Time: 1:30 PM

Place: Shirley Chang's home

Address: 4511 Charleston Drive,
Carmichael

Bring: \$5.00 for our AAUW funds Century Club

RSVP: Shirley at 916-961-1577

or shirleychang1735@aol.com

916 961-1577

More Than Books

Date: Wed., Mar. 18

Time: 8:15 am

Hostess: Linda Marren

Topic: Social Injustice/Justice

Contact: Charlene Eberwine

char3@surewest.net

DAYS FOR GIRLS

Date: Wednesday, March 11, 2020

Time: 1:30 P.M.

Place: 4511 Charleston Dr., Carmichael

RSVP: shirleychang1735@aol.com or
916 961-1577

Reminder: Donations of cash & items are needed for assembling of 500 kits for CA AAUW Convention by March 1. See January Ripples for information. (No more soap is needed.)

Hospitality

Our wonderful friend, Pat Boyd is in the hospital with a hip fracture. She tripped and fell in her home yesterday while vacuuming. She is in San Juan Mercy Hospital. It looks like she will be there for several days. Pat is not feeling up to phone calls or visitors right now, but I'm sure she would appreciate a card or note.

EXPANDING OUR HORIZONS

Bird Watching

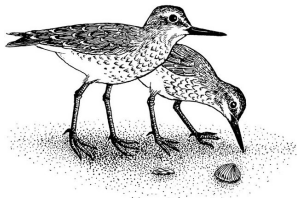
Date: Tues., Mar. 3

Time: 8:15 AM

Place: Bridgeway Island Pond is a birding hotspot in the Southport area of West Sacramento, famous for its excellent close-up views of an assortment of waterfowl, water-birds and shorebirds.

Meet: Calico Corners in Quail Pointe Shopping Center at Sunrise & Madison. Pouring rain cancels the event. **Bring binoculars.**

RSVP: Charlene at 916-726-9204 or Char3@surewest.net or Charlene's cell at 916-203-3587 Tuesday morning, if you need to cancel.



Gadabouts *

Date: Thursday, March 26 (date pending)

Place: Amazon Fulfillment Center Airport

Program: Tour begins at 11:00.

RSVP: Carolyn Michaels at 916-487-9480 or andreacarolynn@att.net
Must provide birthdate

See how they process the orders so quickly. If you are interested in attending, please let me know **right away** as I can't make the reservations without the names and birth dates of all attendees. As usual, we will go out for lunch after the tour. There are numerous fun eateries in the Natomas area, so let me know if you have a favorite!

* **Gadabout:** a person who goes out a lot and does not worry about other things they should be doing — Cambridge English Dictionary



California Issues

Meeting: Mar. 23, 2020

Time: 10:15 a.m.

Topic: Immigration Issues

Where: home of Charlene Eberwine, 7042 Rancho Mirage Court, Citrus Heights

The group continues its study of the changing immigration policies.

Contact: Mary Duval for information: fogardengirl@comcast.net Phone: 916 967-6272

World Country Study Group

Date: Wed, Mar 25th

Time: 12:30-2:30 PM

Place: Unitarian Universal Society of Sacramento Library
2425 Sierra Blvd., Sacramento, CA 95825 (lots of parking)

Program Country: Russia

Topic: Dr. Irina Tchantceva life in Russia



We will feature a very exciting guest speaker this month: Dr. Irina Tchantceva, pianist of the Unitarian Universalist Society of Sacramento (UUSS)

She lived in Russia for 34 years and she will speak about her wide background in music, literature, ballet, education, and aspects of life in that part of the world before immigrating to the United States when the USSR broke up

A member of CAPMT, chair of the piano department with duties and teaching online for the Rhode Island Philharmonic Music School and teacher at the Pacific Institute of Music, Dr. Tchantceva is in great demand as a master teacher, a concert artist and accompanist.

As usual, each attendee is encouraged to bring a plate of finger foods to share. .

Guests are welcome. Please RSVP to Mary Toutonghi or Janice Chung. There is no charge for the event.


Mary Toutonghi: mtoutonghi@comcast.net
Janice Chung: jansongwalk@comcast.net

This is not an AAUW event, but in case you are interested:

CENTER FOR THE ADVANCEMENT OF WOMEN
AT MOUNT SAINT MARY'S UNIVERSITY



**THE REPORT
ON THE STATUS OF
WOMEN AND GIRLS
IN CALIFORNIA™**
MARCH 26, 2020 10 A.M. TO 2 P.M.
SKIRBALL CULTURAL CENTER
LOS ANGELES

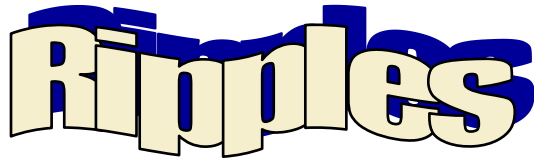


**100 YEARS: FROM WOMEN
EARNING THE VOTE TO
CLAIMING THEIR POWER**

Join us as we celebrate 100 years
of women's empowerment and discuss
the path toward future equity.

FOR MORE INFORMATION VISIT:
[MSMU.EDU/STATUSOFWOMEN](https://msmu.edu/statusofwomen)

CHAR-AAUW Ripples
4636 Rustic Road
Carmichael, CA 95608



Deadline for Apr. Ripples
 Mar 10th. Send to:
email jeanieologist@gmail.com
CHAR website:
 Citrusheights-ca.aauw.net
Facebook:
 www.facebook.com/aauwchar

March 2020

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Board Meeting	3 Great Discussions	4 Fund Raising	5 Hungry Ladies	6	7
8	9	10 Whodunits	11 Days for Girls	12 Mahjong	13	14
15	16	17 Great Discussions	18 More Than Boks	19 3rd Thurs books	20	21
22	23 CA Issues	24 Senior Driving	25 World Country	26 Gad-about	27	28
	30	31				



AAUW advances equity for women and girls through advocacy, education, philanthropy and research.