

CITRUS HEIGHTS-AMERICAN RIVER

June 2020 Volume 59, No. 10

**AAUW CHAR's 501(c)3 Designation has been  
Awarded by the IRS  
Thank You Team  
Roberta Schmalz, Charlene Eberwine,  
and PJ Missman!!!**

## **BE THE BEST THAT YOU CAN BE!!**



Dianne Owens our AAUW-CA President for 2020-2022!!!

Dianne will join us June 13, 2020 to tell us what she has planned for the coming years, how she plans to take on the Covid-19 challenge, and how CHAR can help.

Dianne will award AAUW Fund Awards to CHAR recipients

"Reaching the next level doesn't just happen. It takes vision, discipline and action." -David Cottrell, Alice Adams, "The Next Level"

**Time: June 13, 2020 11:00 AM**

RSVP Lee Battershell,  
[LBattershe@aol.com](mailto:LBattershe@aol.com) or 916-230-1110

### **Agenda**

11:00 Time to mingle and get signed on  
11:15 Lee Battershell-Baird  
Welcomes you! What a year we've had!  
11:30 Century Club Awards – Shirley Chang  
12:00 President Elect: Dianne Owens  
12:45 AAUW CHAR Funds Awards  
1pm Pat Boyd/Shirley Chang Officers for 2020/2021  
1.30pm PJ Missman - Thanks to Program Chairs  
1:45 Lee Battershell—CHAR Awards  
Questions and Discussion

## President's Message

**Our power is shown in our ability to achieve, our strength is shown in commitment, our actions are shown in what we do**

THE IRS AWARDED CHAR a 501(c)3!!! Thank you Roberta Schmalz, Charlene Eberwine, and PJ Missman. Pat, I



know you broke your hip before putting pen to paper, but I also know you were a strong force in making it all happen. Thank you. Wow. What a wonderful way to wake up and a great way to end the CHAR fiscal year.

The good news made me forget we have COVID-19, but we can deal with even that as long as we maintain social distancing, wash hands often, avoid touching eyes, nose, and mouth with unwashed hands, and wear a mask covering around others. I read about the Spanish Flu in 1918 to 1920. Some say it only lasted until 1919, but my grandmother died in Wichita, Kansas in March 1920 as a result of the Spanish Flu. Unfortunately, as I read about the Spanish Flu I realize people today are no different than yesterday. Jan Bessette reminded me that women gained the right to vote while dealing with the Spanish flu. Now, 100 years later we are dealing with COVID-19. But women still have the right to vote and we came close to being recognized as equal with men. We will fight on.

At the **Interbranch Council** meeting we talked about ways **Tech Trek** can overcome COVID-19. Among the ICB seven branches we have 40 Tech Trek winners who can not participate in Tech Trek Camp because of COVID-19. ICB Chair Rhonda Reed told Susan Wheeler and Martha Rees to consider ICB a resource as they meet May 15 to formulate a plan.

Join us June 13 at 11am on Zoom when AAUW **California President for 2020 to 2022, Dianne Owens**, will tell what she has planned for the coming years, how she plans to take on the COVID-19 challenge, and how we can help. And Dianne will award AAUW Fund Awards to CHAR recipients (p. 1,4)

Shirley Chang will award the **Century One Certificates** to those donating \$100 or more to AAUW Funds, PJ plans to award her Program Managers, and Lee has the privilege of presenting CHAR Awards. All this in addition to our very prestigious AAUW Fund Awards.

*Lee Battershell-Baird*

CHAR President

### OFFICERS 2019-2020

**PRESIDENT**  
Lee Battershell-Baird  
916-230-1110

**PROGRAM VP**  
PJ Missman—916-241-9685

**CO-V.P. MEMBERSHIP**  
Finance—Roberta Schmalz  
916-933-7432  
Hospitality—Darlene Houston  
916-802-7482

**V.P. AAUW FUNDS**  
Shirley Chang—916-961-1577

**SECRETARY**  
Darothy Derrenger  
509-863-4977

**TREASURER**  
Roberta Schmalz  
916-933-7432

*Reminder:*  
**Board Meeting on ZOOM**  
**Monday, June, 1st**  
**Time 11:00 AM**  
*You must register in advance for this meeting:*  
RSVP. Lee Battershell, 916-230-1110  
or [LBattershe@aol.com](mailto:LBattershe@aol.com)  
*After registering, you will receive a confirmation email containing more information.*



**1st NOTICE FOR July RIPPLES:**  
**June 2ND**

**DEADLINE June 10**  
— *Please put "Ripples" in the subject line so I will see it!*

**Ripples Editor:**  
Jean Kohlhoff  
[jeanieologist@gmail.com](mailto:jeanieologist@gmail.com)

## Tech Trek

We are pleased to welcome each of our Tech Trekkers over the next few months. Our first is Savannah Koppel, a student at Mills Middle School in Rancho Cordova. She loves math, science and her Gateway to Technology class.



**Here is Savannah in her own words.**

I'm 12 years old, and I have a mother, father and a little sister who is 11. We own 3 chickens and a cat. One of our chickens lay eggs, the rest are too young. Our cat is an indoor cat. Me and my sister take care of them. My family and I have gone camping during our summers.

I'm interested in video editing, photoshop and circuits, but I've only done a bit of each. I'm interested in 3D designing as well. My hobbies are reading and drawing. I don't have a favorite book, movie or show, but I do love the Warrior Cats book series. I love to watch anime and read manga, and I like cats, music and video games.

Mary Duval

## Welcome Tiffany Detinne

We are pleased to welcome a new member:

Tiffany Detinne, CPA  
7144 Fair Oaks Blvd Ste 9  
Carmichael, CA 95608  
916\*790\*1040  
National University, BS, Accounting  
California Certificate, CPA



Tiffany wants us to know she is joining AAUW CHAR because she wants to give back to her community. AAUW CHAR is the perfect way.

## C/U Partnership



Lee Battershell hosted a Zoom meeting with students and AAUW chapter representatives from ARC, CSUS, UC Davis and Sierra on May 3rd. Students are taking classes online. Some of the students are keeping in touch with each other. We discussed what we can do to reach out to students to encourage them to join AAUW student clubs. "Work Smart/Start Smart" was talked about as a good program to offer to the campuses. We will have another Zoom meeting in September. Some of the ARC students are helping Days for Girls sewing masks. As with everyone, we are unsure when campuses will open for students and staff to return.

## National Foundation Names Honored

Each year outstanding AAUW members who make significant contributions to the mission of AAUW are recognized in the Names Honored book published annually by the National Foundation and honored at a Branch General meeting. This year we are especially fortunate because four CHAR members will receive recognition at the National level for their contributions. AAUW California President Diane Owens will present these awards June 13 at our Zoom general meeting.

### **Our honorees are:**

#### **Shirley and Vern Chang**

Shirley has been a member of CHAR for over 40 years, served in many offices including president, has held CHAR together in both the lean years and the years of plenty. Under Shirley's guidance as



AAUW-Funds Chair in 2019 our contributions grew 150 percent over the prior year. The incentives she put in place show that AAUW-Funds will grow even more in calendar year 2020. Vern joined this past year as fundraising chair. Under his tutelage we found we need to do much to get our branch in shape so we will be more desirable to outside donors. For example, Vern is heading a study working with American River College to either prove or disprove that the Local scholarships we award to head of household parents allow those parents to break the welfare cycle. Their income is higher and their children are more inclined to finish high school and earn higher level degrees.

#### **Karen Wilkes**

Karen is head of CHAR Days for Girls. She led CHAR in making hygiene kits for girls and women all over the world so young girls can attend school and women can work during their menses. Many girls stayed at home during menses falling behind the boys in their studies and eventually dropping out of school. Women who use the hygiene



kit don't have to miss work so their life and the local economy is better because of new found women power. Karen is working with the United Nations to supply the kits to refugee camps in Rwanda and Uganda also teaching refugees how to make the kits themselves. During COVID-19 Karen turned her team's sewing power from making hygiene kits to making masks. As of May 1 she has supplied over 8,627 kits to places like nursing homes, Kaiser Hospital, WEAVE, My Sister's House, and more. Karen received the George Washington Honor Medal presented by the Freedoms Foundation, a national, non-profit, non-partisan, non-sectarian educational organization. Since 1949, Freedoms Foundation bestowed the Honor Medal on 57,000 people they believe are exemplars of responsible citizenship.

#### **Erin Saberi**



Erin is head of CHAR Sacramento for Women and Girls. The County of Sacramento awarded Erin and her CHAR Sacramento for Women and Girls \$10,000 to do a Blue Ribbon Study showing why Sacramento County needs a Commission for Women and Girls. For more than 18 months Erin and her group went into each of the five districts in Sacramento County asking women and girls "How are you?" She built a consortium of over 80 women's organizations and testified before the Sacramento County board explaining that such a Commission, sanctioned and recognized by the United Nations Commission on the status of women, is needed for a two-fold purpose, to identify those laws and policies that have intended or unintended adverse impact on women and girls, and to place an umbrella over the many organizations that exist to help women and girls so there is better coordination and better effectiveness and adding more where needed.



## **Keeping Connected as we Shelter in Place**

**As social distancing continues and probably will for the foreseeable future, here are a few ideas from California branches on how they are keeping things going as we shelter in place:**

- Hold your meetings online using some form of online conferencing like Zoom or Google Hangouts.
- Set up a member-helping-member network to touch base and to identify your at-risk folks who might need grocery or prescription pick-up. Dust off the old-fashioned phone tree. Ask your board members to each call a list of names just to say “Hello!”
- Interest Groups:
  - Book groups: members read the assigned book and then discuss online in a virtual meeting.
  - Drama or play reading groups: find a YouTube video of a production of the play and send the link to your members to view. Then discuss in a virtual meeting.
  - Hiking groups: challenge members to get out anyway. Set up a shared spreadsheet on Google Sheets for everyone to record their miles and trails to hit a goal. Hikers can also share videos/photos of their solo hikes. A fun idea is to have an identification contest for the wildflowers seen along the trails.
  - Craft groups: host a virtual Show and Tell.
  - Lunch and dinner groups: gather virtually to share a meal. Show off your sandwiches, but don’t talk with your mouth full. We can see you.
  - Public Policy groups have PLENTY of time now to write letters to legislators. Encourage them with ideas and templates. How about a GOTV postcard challenge?
  - Garden Group members can post video tours of their blooming gardens. Maybe a name-that-plant contest?
- Stay on top of the AAUW mission: ask members to recommend related TED talks for all to view, then discuss in an online meeting.
- Lighten things up: host a virtual meeting for members to share a joke or a funny story.
- Get busy on your branch’s Facebook page: consider setting up a separate private “social group” page just for keeping in touch.
- Send your members an AAUW-related scavenger hunt, crossword puzzle or BINGO game (easy to create with free online tools). Did someone say “contest?”

**After years of wanting to thoroughly clean my house but lacking the time, this week I discovered that wasn't the reason.**

## SPECIAL INTEREST GROUPS

### Hungry Ladies Dining Out!

**Date:** Dark till September 2020  
**Time:** 6:00 PM

**Place:** The Kabob House  
648 E. Bidwell St.  
Folsom, CA 95630  
(916) 983-6619

<http://www.kabobhousefolsom.com/>

Meet at Charlene's house  
7042 Rancho Mirage Ct. at 5:30 to carpool  
**RSVP** Charlene Eberwine  
[Char3@surewest.net](mailto:Char3@surewest.net) or 916-726-9204

### More Than Books

**Date:** June, 17, 2020  
**Time:** 8:15 am  
**Format:** ZOOM  
**Hostess:** Linda Marren  
**Topic:** Politics  
**Contact:** Charlene Eberwine  
[char3@surewest.net](mailto:char3@surewest.net) for details

### 3rd Thursday Book Group

**Date:** no meeting in June  
**Time:** 1:00 PM  
**Books to be Discussed:** Tailspin by Steven Brill and Moment of Lift by Melinda Gates  
**RSVP:** Fran Clarke at 916-802-7482  
or [darol0@mac.com](mailto:darol0@mac.com)



### Mahjong

**Date:** Dark, till September 2020  
**Time:** 1:30 PM  
**Place:** Shirley Chang's home  
**Address:** 4511 Charleston Drive,  
Carmichael  
**Bring:** \$5.00 for our AAUW funds Century Club  
**RSVP:** Shirley at 916-961-1577  
or [shirleychang1735@aol.com](mailto:shirleychang1735@aol.com)  
916 961-1577

### Whodunits

**Date:** No meeting in June  
**Time:** 1:00 PM—2:30 PM  
**Place:** Carmichael Library Meeting Room  
5605 Marconi Ave., Carmichael  
**New members welcome.** Briefly share and highlight mystery books you have read. Call Coby Bonner at 916-944-1506 with questions. Book drop off on my front porch Sat., Sun., or Mon.. Pick up Tues.

### Great Decisions



The Great Decisions group meets the first and third Tuesdays a month. from 1-3 PM in the Raley's Event Center at San Juan and Sunset.

Due to social distancing we plan to meet again in February 2021. In the meantime the Foreign Policy Association has made the Great Decisions videos available online. Here is the link: <https://www.youtube.com/watch?v=mAlZxzkUHNI&list=PLDHHJksdsrQFAfjQi4>

Got up this morning  
and ran around the  
block 5 times. then I  
got tired, so I picked  
up the block and put  
it back in the toy box.

## EXPANDING OUR HORIZONS

### Bird Watching

**Date:** Dark till Oct.

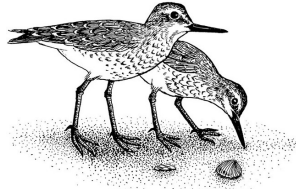
**Time:** 8:15 AM

**Place:**

**Meet:** Calico Corners in Quail Pointe Shopping Center at Sunrise & Madison.

Pouring rain cancels the event. **Bring binoculars.**

**RSVP:** Charlene at 916-726-9204 or [Char3@surewest.net](mailto:Char3@surewest.net) or Charlene's cell at 916-203-3587 Tuesday morning, if you need to cancel.



### Gadabouts \*

**Gadabouts \***

**Date:** Contact Leaders

**Place:**

**Program:** Tour begins at 11:00.

**RSVP:** Carolynn Michaels at 916-487-9480 or [andreacarolynn@att.net](mailto:andreacarolynn@att.net)

\* **Gadabout:** a person who goes out a lot and does not worry about other things they should be doing — Cambridge English Dictionary

### California Issues

**Meeting:** Dark till September

**Time:** 10:15 a.m.

**Topic:** Immigration Issues

**Where:** home of Charlene Eberwine, 7042 Rancho Mirage Court, Citrus Heights

The group continues its study of the changing immigration policies.

**Contact:** Mary Duval for information: [fogardengirl@comcast.net](mailto:fogardengirl@comcast.net) Phone: 916 967-6272



### World Country Study Group

**Date:** Contact Leaders

**Time:** 12:30-2:30 PM

**Place:**

**Program Country:**

**Topic: Russia**

Mary Toutonghi: [mtoutonghi@comcast.net](mailto:mtoutonghi@comcast.net)

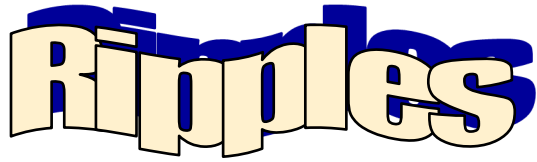
Janice Chung: [jansongwalk@comcast.net](mailto:jansongwalk@comcast.net)



## CORONAVIRUS LOCKDOWN



CHAR-AAUW Ripples  
4636 Rustic Road  
Carmichael, CA 95608



Deadline for July Ripples

June 10th. Send to:

[email jeanieologist@gmail.com](mailto:jeanieologist@gmail.com)

**CHAR website:**

[www.Citrusheights-ca.aauw.net](http://www.Citrusheights-ca.aauw.net)

**Facebook:**

[www.facebook.com/aauwchar](https://www.facebook.com/aauwchar)

**Email:** [charaaauw@gmail.com](mailto:charaaauw@gmail.com)

## June 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Board Mtg 11am	2	3	4	5	6
7	8	9	10	11	12	13 Monthly Meet. 11am
14	15	16	17 More Than Books	18	19	20
21	22	23	24	25	26	27
28	29	30				



**AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:**

***AAUW advances equity for women and girls through advocacy,  
education, philanthropy and research.***