

## AAUW Funds Luncheon

Please join us for the annual

### Capitol Counties Interbranch Luncheon

Saturday, January 25, 2020  
11:00 AM to 2:00 PM

Plates Café and Catering  
14 Business Park Way Sacramento

\$35



*Briana  
Lizarraga*



*Karenjeet  
Dosanjh*

### Our speakers:

**Briana Marela Lizarraga** is an electronic musician and sound artist focusing on live performance using music technology. She is working toward her Masters of Fine Arts degree with goals to someday teach and inspire other women of color to enter this traditionally male-dominated field.

Through completion of her law degree, **Karen Dosanjh** plans to focus her efforts on empowering, educating and assisting women of all ages in vulnerable or abusive relationships and marriages with no support and limited resources. Her goal is to extend her legal assistance to specific agencies that assist victims of domestic violence, sexual assault and human trafficking within the Asian community.

**The venue** is Plates Café and Catering—An employment learning program for formerly homeless mothers with children, Plates provides women with a unique opportunity to learn valuable skills. Upon completion of the Plates program, graduates are qualified for positions in the culinary, retail and/or hospitality industries. Plates helps place graduates into careers in these industries.

*We will have items for sale and/or silent auction to raise funds.*

**Please complete and mail the registration form on Page 8 with  
\$35 by Jan. 17, 2020**

## President's Message

**Our power is shown in our ability to achieve,  
our strength is shown in commitment,  
our actions are shown in what we do.**

**Year 2020, the 100th anniversary of woman's right to vote.** Tennessee was the deciding State ratifying the 19th amendment August 18, 1920. Can Virginia be the deciding state in 2020 by ratifying Amendment 27 recognizing women are equal with men? The irony is John Adams and Thomas Jefferson were from Virginia. John Adams ignored his wife's request to remember the women and Thomas Jefferson said he was against women joining men in political gatherings. Women have fought 244 years for equality. It's time.



**November 2019, 16-year-old Greta Thuberg, Climate activist, became Time's Person of the Year.** She met with Pope Francis, locked horns with President Trump, addressed UN heads of state, and inspired 4 million people to strike for global climate. "The Power of Youth." I feel a sense of pride as I watch and see what Greta is doing AND how CHAR's youth are making waves and making changes.

**In September, 8th grade Tech-Treker Gianna Staiti created "Inside UC Davis Tech Trek Camp 2019" for CHAR's meeting.** UC Davis AAUW Student President Sahiba Kaur said of Joyce Farrugia's Tech Trek Alumni program, "...as a past Tech Treker, such a program would have helped me through high school and college." October, Take Back the Night our students explained how AAUW fought for a woman's right to an education, a woman's right to work using that education, how AAUW is fighting for equal pay, eliminating the glass ceiling, against sexism in criminal justice, for Title IX... In November we raised \$3,194.96 for ARC Scholarships by partnering with American River College Fashion Club and AAUW @ ARC Student Club. Samantha Brady, AAUW @ ARC Student President was our key note speaker. At our December Holiday Party our AAUW @ ARC stepped in to help the AAUW Women's STEM Club gather and deliver toiletries for homeless and at risk students.

In case you just skipped over it, go back to **page 1** and check out the **January 25 IBC Luncheon.**

**See page 9: Days for Girls, and the donations we need for Rwanda Refugees.**

Last but NOT LEAST, **Page 6: our Blue Ribbon Committee kick off for Women and Girls**

**HAPPY NEW YEAR 2020  
THE YEAR FOR WOMEN**

### OFFICERS- 2019-2020

**PRESIDENT**  
Lee Battershell-Baird  
916-771-0662

**PROGRAM VP**  
PJ Missman  
916-241-9685

### CO-V.P. MEMBERSHIP

**Finance—**  
Roberta Schmalz  
916-933-7432

**Hospitality—**  
Darlene Houston  
916-802-7482

**V.P. AAUW FUNDS**  
Shirley Chang  
916-961-1577

**SECRETARY**  
Mary Toutonghi  
509-863-4977

**TREASURER**  
Roberta Schmalz  
916-933-7432



*Board Meeting  
Monday, Jan 6<sup>th</sup>  
Time 10:00 AM  
Raley's Meeting Room  
San Juan at Sunset,  
Fair Oaks*



**DEADLINE FOR  
FEB-2020 RIPPLES:  
January 10th**

*Please put "Ripples" in the  
subject line so I will see it!!*

**Interim Ripples Editor:**  
Ray Missman  
ray@missman.org

# CHOICES! CHOICES!

## Hungry Ladies Eating Out!

January – Hungry Ladies will not get together for dinner this month.

We will see you February 2, 2020.



## Whodunits

**Date:** Tues, January 14, 2020

**Time:** 1:00 PM–2:30 PM

**Place:** Carmichael Library Meeting Room  
5605 Marconi Ave., Carmichael

**New members welcome.** Briefly share and highlight mystery books you have read. Call Coby Bonner at 916-944-1506 with questions.

## Days for Girls

**Date:** Wed., Jan. 8, 2020

**Time:** 1:30 PM

**Place:** 4511 Charleston Dr.,  
Carmichael

**RSVP:** shirleychang1735@aol.com  
or 916- 961-1577

## Mahjong

**Date:** Thursday, Jan. 9, 2020

**Time:** 1:30 PM

**Place:** Shirley Chang's home

**Address:** 4511 Charleston Drive,  
Carmichael

**Bring:** \$5.00 for AAUW funds

**RSVP:** Shirley at 916-961-1577  
or shirleychang1735@aol.com

**PLAY DAY:** Tuesday, Jan. 28

## Third Thursday Book Group

**Date:** Thursday, January 16, 2020

**Time:** 1:00 PM

**Hostess:** Lee Battershell-Baird

**Address:** 3843 Kenwood Way, Roseville

**RSVP:** by Jan. 13, 916-771-0662  
or lbattershellCPA@aol.com

**Book:** Women Rowing North by Mary  
Pipher

**Discussion Leader:** Aggie Vawter

## More Than Books

**Date:** Wed, Jan 15

**Time:** 8:15 AM

**Hostess:** Mary Duval

**Topic:** Short Stories

## Great Decisions



The Great Decisions group will hold its first meeting on Tuesday, Feb 4<sup>th</sup> from 1-3 PM in the Raley's Event Center at San Juan and Sunset. Carolyn Stewart

will lead the discussion on the first chapter on the important topic of "Climate Change". We will continue to meet the first and third Tuesdays of the month into May.

Virginia Sturdevant will notify the group when the Great Decisions books arrive the end of December. **Please contact her to obtain your book before the first meeting** at hands@surewest.net

## Tech Trek

Eight committee members of the Tech Trek Team met on Dec. 7 to discuss plans for our Alumni program and preliminary plans for this years TT program. We will begin the process of contacting our local schools in January.

If you missed the meeting, it's still not too late to join the Tech Trek team for this year. We welcome your ideas and your help.

Contact Mary Duval  
at fogardengirl@comcast.net  
or Joyce Farruggia  
at joyce1944@mac.com

# EXPANDING OUR HORIZONS

## Bird Watching

**Date:** Tues., Jan 7, 2020

**Time:** 8:00 AM

**Place:** Vic Fazio Yolo Wildlife Area. Bring a lunch.

We will visit the Vic Fazio Yolo Wildlife Area, about a 30 min. drive. This is mostly a driving route. Meet near Calico Corners in Quail Pointe Shopping Center at Sunrise and Madison. Pouring rain cancels the event. Please RSVP to Charlene at 726-9204 or Char3@surewest.net [Call Charlene's cell at 203-3587 Tuesday morning if you need to cancel.]



## World Country Study Group

**Date:** Wed, January 22, 2020

**Time:** 12:30 –2:30 PM

**Place:** Shirley and Vern Chang's

**Program Country:** Russia

We will enjoy two subjects: Fran Clarke will present a review on Catherine the Great followed by Carol Stieger's report on Baba Yaga and other fun Russian fairy tales. Resuming our usual schedule, we will meet from 12:30



to 2:30pm. Shirley and Vern Chang have offered their lovely home on Charleston Drive in Carmichael for our meeting.

Attendees may bring a plate of finger food to share. This has worked out very well because of the time of our meeting. We are happy to have guests join us and of course there is no charge.

Mary and Janice appreciate knowing approximately a week ahead of time if you plan to attend. Thank you!

Mary Toutonghi – mtoutonghi@Comcast.net  
Janice Chung – jansongwalk@Comcast.net



## California Issues: Immigration

We meet on Jan. 27 (fourth Monday), 10:15 at the home of PJ Missman, 4139 Riva Ridge Dr. Fair Oaks. We continue our review of US immigration policies over the years. Please RSVP to PJ, pmissman@hotmail.com

— Mary Duval fogardengirl@comcast.net

## Gadabouts

**Date:** Thursday January 23, 2020

**Topic:** UC Davis Stem Cell Program

<https://health.ucdavis.edu/stemcellresearch/>

**Location:** the Sacramento UC Davis Complex — Directions and map will be provided

**Lunch:** OBA Kitchen a Japanese Cuisine Restaurant located across the parking lot

**RSVP:** Carolyn Michaels 916-487-9480 or andreacarolynn@att.net

*Tour is limited to a total of 8 participants* so RSVP quickly before the slots fill up!

— Carolyn Michaels



## Members Making a Difference

CHAR member **Lisa Culp** was recently featured in the Sacramento Business Journal for her work with Mohanna Development to build micro-units for homeless women. Lisa Culp is the founder and executive director for Women's Empowerment, and the tenants would be graduates from her group's program, which helps homeless women learn or relearn working and living skills. A long-time volunteer with Women's Empowerment, Mohanna said she was inspired to develop micro-unit projects in recent years as the region's housing shortage has grown more acute. Lisa said "Even though this is a stretch for our mission, we felt compelled to do this."

Lisa, we're very pleased and proud that you are one of our members. We look forward to doing more with you.



CHAR member **Pat Boyd** received the highest Award given by the California Retired Teachers Association (CRTA) for 2019. This is an annual Award given by an organization with over 40,000 members. A truly prestigious award in recognition of community and CRTA contributions, where Pat excels.

Pat was honored for outstanding contributions to educational excellence in Sacramento County for legislation changing the age date for children entering kindergarten. As a member of the Junior League of Sacramento County she was House Manager of Children's Theater for 27 years, as parent surrogate for Foster Youth she worked with 45 children after retiring from teaching. She headed a group of retired teachers who taught 3 and 4-year-olds for MOP (Mothers of Preschoolers) while their moms attended classes at Christ Community Church. Having rescued Golden Retrievers for 18 years she walks the dogs at the Homeward Bound Golden Retriever Rescue and Sanctuary. At AAUW she has been Member Co-vice president, Program co-Vice-President, AAUW Funds co-vice-President, Co-Treasurer, Bylaws Parliamentarian Chair. For CRTA Pat worked on the Community Services Committee, Chair of the Social Committee, President, Treasurer, Area III Director, Member of the Mini Grant Committee, and is the division Parliamentarian.

That's our Pat Boyd.



## Member Updates

### **Aggie Vawter**

2440 Garfield Avenue Apt B79, Carmichael, CA 95608  
Phone: 916-847-8588  
javawter@att.net  
University of Montana, BS English



### **Helen Hall**

4700 Lei Street, 4700 Lei Street, Fair Oaks CA 95628-6019  
Phone: (805) 317-9329  
U of Alabama, BA; LaVerne Coll, MA  
Lifetime Member



## Blue Ribbon Commission on the Establishment of a Sacramento County Women's Commission

On 23 July 2019 the Sacramento Board of Supervisors unanimously approved the creation of a Blue Ribbon Commission (BRC) to look into the necessity for and feasibility of a Sacramento County Commission on the Status of Women and Girls. Representative Phil Serna said "This Blue Ribbon Commission will explore the important issues facing women and girls in Sacramento County and the value of a permanent women's commission to help promote gender equity and equality. We look forward to the activity and work of the Blue Ribbon Commission and to receiving its advisory report....The purpose of the Blue Ribbon Commission would be to determine and establish best practices for the "structure, role, value and responsibility" for the proposed Commission. The BRC has 9 to 12 months to complete its task.



**Erin Saberi**

CHAR member and head of the BRC, Erin Saberi said that "...with this vote today the women and girls of Sacramento County now have a public forum for voicing their concerns, identifying their needs and exploring ideas for effective county response." Beginning

in 2018, the group sponsored community meetings, facilitated polling, and hosted a series of "How Are The Women & Girls Listening Circles" with women and girls across the county. Issues such as domestic violence, living wage, housing, mental health, access to transportation and rapidly rising poverty rates consistently arose as areas of concern in each of these venues.

The BRC kick-off meeting was December 2, 2019, at the Sacramento County Board of Supervisors on 700 H Street, Sacramento, Hearing Room 1. The purpose of this meeting was to: 1) provide an overview of the mandate of the BRC; 2) present a draft BRC work plan; and 3) provide background about the work of Sacramento For Women & Girls. The second meeting will be Wednesday 12/18/19: 4:00 pm – 6:00 pm at the Impact Foundry to pair women with work groups and establish a plan of action for each work group. The goal is to provide an interim report to the Sacramento County Board of Supervisors in advance of the March 8 International Women's Day, and to provide a final report Tuesday 7/21/20.

Erin and her Sacramento for Women and Girls group will provide monthly updates in the Ripples—stay tuned.

## Annual Holiday Social

Here are some pictures from our annual holiday brunch potluck on December 14<sup>th</sup>. Good food, and we had musical accompaniment by Norm on the clarinet and Marilyn on the piano. We all sang along and had a lot of fun.

For our holiday donations, we collected lots of new toiletry items— which we will give to the ARC Women in STEM Club for their Toiletry Drive



CHAR and ARC members singing along

CHAR/AAUW Ripples



Picture ready."

page 6



Marilyn and Norm Peterson

Jan 2020

From: Sue Miller AAUW CA Public Policy Co-Chair

## *Get Ready for 2020!*

2020 is upon us. It is going to be an eventful year... We will celebrate the 100th anniversary of women getting the right to vote, as well as the most important election in our lifetime where issues that matter the most to us are at risk. Primary elections are coming up March 3. Now's the time to begin planning at the branch level how to address these activities in our communities. Women who vote can influence the outcome of an election!

What opportunities should be considered?

**Voter Registration.** AAUW CA is well positioned to undertake voter registration, especially with our college/university relationships. Millennial women are an important target group. Research shows that a lack of information on the candidates and a lack of policy debates on issues of importance is the main reason some millennial women don't participate in the election process, and may not even register to vote. Get involved by organizing a [voter registration drive](#) in your community or on your local college campus. Don't forget: a successful voter registration drive must be a compliant one! Be sure to review the AAUW *Guide to GOTV Dos and Don'ts* on the national website ( <https://www.aauw.org/resource/aauw-election-dos-and-donts/> ).

**Voter Education.** AAUW aims to increase women's political influence and educate voters on issues that are important to women and girls. These targeted efforts help increase the number of women voting. Consider sponsoring nonpartisan issue forums, perhaps collaborating with another organization such as the League of Women Voters. Perhaps you have a vacancy to be filled in the primary election, so consider a meet-the-candidate event or debate, and invite all candidates to give their positions on AAUW's key issues: ***Equal Pay for Equal Work. Investing in Education. Reducing Student Debt. Strengthening Social Security. Implementing Paid Leave.*** And certainly consider doing this before the November election.

This is just a start, but early planning will ensure greater success! Don't hesitate to ask our AAUW CA Public Policy Team for assistance!

**SAVE THE DATE!** Feb 8, 2020 Edgewood Community Clubhouse – 11am  
**The 19th & 27th Amendments!**

Celebrate 100 years of Woman Suffrage and learn about why we need to pass the Equal Rights Amendment. Enjoy refreshments and the company of like minded women - the dangerously educated women of AAUW CHAR.

**SAVE THE DATE!** March 24, 2020 at the Sylvan Library – 11am  
**Tips and Pointers for Senior Drivers**

Open to All. We will be offering snacks, coffee, and tea

Jerrold Sieberg is a DMV Senior Driver Ombudsman for Sacramento and Northern California in The SENIOR DRIVER OMBUDSMAN PROGRAM

In an effort to keep all of us driving safely for as long as we can, the DMV has created a Senior Driver Ombudsman Program.

There are currently five Ombudsmen assigned to this program located in various parts of California. The primary function of the Ombudsman Program is to represent the interests of public safety for all Californians with a special interest in addressing the concerns of senior drivers. The Ombudsman can assist as a "go-between" to ensure that senior drivers are treated fairly, consistent with the laws and regulations, and with the dignity and respect they deserve. The Ombudsmen are available to assist in individual cases, as well as participate in outreach seminars for large and small audiences to promote driver safety in California with an emphasis on senior issues.



*Briana  
Lizarraga*

**AAUW Funds Luncheon**

Please join us for the annual

**Capitol Counties Interbranch Luncheon**

Saturday, January 25, 2020 11:00 AM to 2:00 PM

Plates Café and Catering

14 Business Park Way Sacramento

\$35



*Karenjeet  
Dosanjh*

**Complete and Mail with \$35 by Jan. 17, 2020**

Name \_\_\_\_\_ Branch \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

**Please indicate one Menu Choice:**

\_\_\_\_ Herb Roasted Chicken

\_\_\_\_ Lasagna with Meat Sauce

\_\_\_\_ Vegetarian Lasagna

All meals include spinach strawberry salad, drink, bread and dessert.

Make checks payable to **AAUW Interbranch Council**

**Send to:** Shirley Zeff, P.O. Box 820, Chicago Park, CA 95712



## Help AAUW-CHAR: DAYS FOR GIRLS Hygiene Kits



Labor of Love

This project supports women in many places. Right now we are trying to fulfill a request from the United Nations High Commissioner for Refugees (UNHCR) Rwanda for 500 of these hygiene kits for the Rwanda refugee camp.

### What we need:

#### ⇒ Money to build the kits

Write check to AAUW/CHAR  
with Days For Girls in "for" space, and send to:

#### WRITE CHECK to:

AAUW CHAR  
c/o Roberta Schmalz  
4057 Albert Drive  
El Dorado Hills, CA 95762

#### ⇒ Kit materials — donations in kind

- Dark washcloths
- Hotel-sized soap
- 5/8" colored grosgrain ribbon
- Girls' 100% cotton undies (sizes 10, 12, 14, 16)  
(solid color, geometric, floral, no eyes, glam, or solid white)  
(brief, hipster, or bikini, no thong or boy shorts)
- 100% new cotton flannel and quilter's cotton  
(dark "stain-busting" colors, no eyes, no faces, no glam)
- Samsonite Tote A Ton duffle bags (Amazon.com)

#### DROP OFF POINT:

KAREN WILKES  
5016 Brower Court  
Granite Bay, CA 95746  
[bkwilkes@gmail.com](mailto:bkwilkes@gmail.com)

#### ⇒ Become a trainer to spread the word – to teach other clubs at the AAUW California Convention on April 18, 2020. Attend this training so you can 'train the trainers' so that other California AAUW clubs can join in the effort.

### DAYS FOR GIRLS TRAINING

- Tuesday, January 14 10:00 am - 2:00 pm at 2610 Sierra Meadows Drive, Rocklin
- Thursday, January 16 10:00 am - 2:00 pm at 1255 Bell Road, Auburn
- Saturday, January 18 10:00 am - 2:00 pm in Granite Bay, Carmichael, or Rocklin
- Saturday, January 25 10:00 am - 2:00 pm in Granite Bay, Carmichael, or Rocklin

RSVP to Karen Wilkes [bkwilkes@gmail.com](mailto:bkwilkes@gmail.com) ASAP. Classes not filled will be cancelled

*OK you've heard about it — How will you help?*

**CHAR-AAUW Ripples**  
**4636 Rustic Road**  
**Carmichael, CA 95608**



Deadline for Jan. Ripples  
 Jan 10th — [email Ray@Missman.org](mailto:email Ray@Missman.org)  
**CHAR website:**  
[Citrusheights-ca.aauw.net](http://Citrusheights-ca.aauw.net)  
**Facebook:**  
[www.facebook.com/aauwchar](http://www.facebook.com/aauwchar)  
**Email:** [charaaauw@gmail.com](mailto:charaaauw@gmail.com)

# January 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Board Meeting	7 Bird Watching	8 Days for Girls	9 Mahjong	10	11
12	13	14 Who Dunit's	15 More Than Books	16 3 <sup>rd</sup> Thurs Book Group	17	18
19	20	21	22 World Country Study Group	23 Gad-about's	24	25 IBC Fundraising Luncheon
26	27 Calif. Issues	28 Mahjong Free Play Day	29	30	31	

**AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:**  
***AAUW advances equity for women and girls through advocacy, education, philanthropy and research.***