

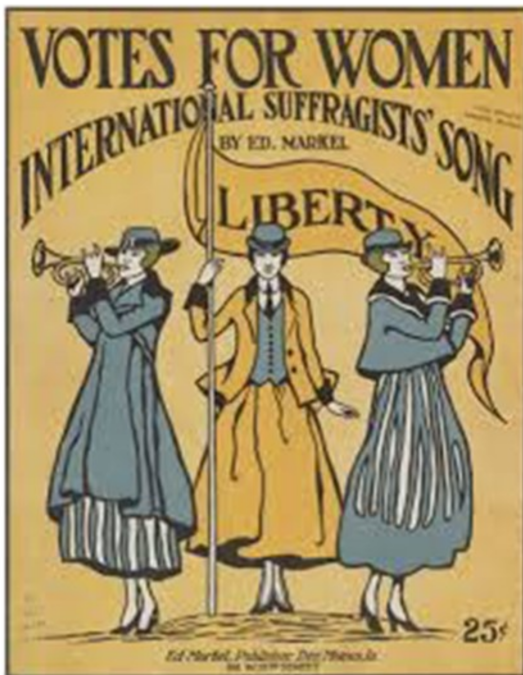
CITRUS HEIGHTS-AMERICAN RIVER

Feb. 2020 Volume 59, No. 6 (Rev Feb 8)

CELEBRATE 100 YEARS OF SUFFRAGE! FEEL THE POWER!

THEN LEARN HOW MUCH THERE IS STILL TO DO
TO ENSURE WOMEN'S EQUITY.

WE PASSED THE 19TH AMENDMENT 100 YEARS AGO
WE ARE STILL TRYING TO PASS THE 28TH AMENDMENT



*She walketh veiled and sleeping,
For she knoweth not her power;
She obeyeth but the pleading
Of her heart, and the high leading
Of her soul, unto this hour.
Slow advancing, halting, creeping,
Comes the Woman to the hour!-
She walketh veiled and sleeping,
For she knoweth not her power.*

11AM SATURDAY FEBRUARY 8
Edgewood Community Clubhouse,
5688 Spyglass Lane, Citrus Heights

COFFEE TEA AND AAUW FRIENDS

THE SUFFRAGISTS SONG

SHOWING OF THE VIDEO

EQUAL MEANS EQUAL

LIZ JORDAN FROM AAUW SACRAMENTO WILL
UPDATE US ON THE PASSAGE OF
AMENDMENT 28

CELEBRATION OF OUR RIGHT TO VOTE AND
DISCUSSION OF OUR OWN PARTS TO PLAY
IN THE ONGOING FIGHT FOR
WOMEN'S EQUITY

This is a free event, open to the public. Just bring yourself, your friends and your enthusiasm! Parking is free and available anywhere in the complex. There will be coffee, tea, and refreshments.



President's Message

**Our power is shown in our ability to achieve,
our strength is shown in commitment,
our actions are shown in what we do.**



The 38th state, Virginia, said YES to Amendment 28, which means **Amendment 28 should become part of the US Constitution!**

It's fitting that Ruth Bader Ginsburg was announced cancer free and witnessed the passing of the ERA by the 38th State. Yet, even while we celebrate, three states (Alabama, Louisiana and South Dakota) filed injunctions to stop addition of Amendment 28 to the US constitution. We in AAUW are joining others fighting these states. Let this the 100th anniversary of women's right to vote also be the year women are equal with men under the US constitution. Liz Jordan, co-President, AAUW-Sacramento will join us February 8 at the Edgewood Community Club house to update us on the latest. (See p. 1)

Year 2020 is a mixed and exciting year both nationally and locally. The required 38th State voted for Amendment 28, the EQUAL Rights Amendment. We are fighting states who say votes of the 38th state don't count. In March we vote in the primaries. In November we vote for President. At CHAR: It's been one year since we joined in partnership with the American River College and formed the AAUW @ ARC Student Club. Today we have 14 AAUW @ ARC Student Club members who join us in celebrating women. Erin Saberi's Blue Ribbon Commission is on track to provide the County Board of Supervisors a report explaining why Sacramento County needs a Commission for Women and Girls. (See p. 8). Days for Girls is on track to assemble up to 500 hygiene kits at the 2020 AAUW-CA convention for the United Nations High Commissioner for Refugees, Rwanda. (See p. 5,6 for the donations needed) Tech Trek is on track to select five girls who will participate in the July STEM program at UC Davis and is on track to continue forming the Tech Trek Alumni group.

YEAR 2020 THE 100TH ANNIVERSARY OF WOMEN'S RIGHT TO VOTE

Lee Battershell-Baird, CHAR President

OFFICERS 2019-2020

PRESIDENT

Lee Battershell-Baird
916-771-0662

PROGRAM VP

PJ Missman—916-241-9685

CO-V.P. MEMBERSHIP

Finance—Roberta Schmalz
916-933-7432

Hospitality—Darlene Houston
916-802-7482

V.P. AAUW FUNDS

Shirley Chang—916-961-1577

SECRETARY

Mary Toutonghi
509-863-4977

TREASURER

Roberta Schmalz
916-933-7432

*Reminder:
Board Meeting
Monday, Feb. 3rd
Time 10:00 AM
Raley's Meeting Room
San Juan at Sunset, F.O.*



DEADLINE FOR MAR. RIPPLES:

February 10th

*— Please put "Ripples" in the
subject line so I will see it!!*

Interim Ripples Editor:

Ray Missman
ray@missman.org

Special Interest Groups

Hungry Ladies Eating Out!

February 6, 2020 Hungry Ladies
6:00 PM at:

Black Angus ,
7925 Greenback Lane
Citrus Heights
916-726-5345

Hostess is Linda Marren; telephone
number is 916-334-1166 or email at-
lindamarren@comcast.net.

Please RSVP

Mahjong

Date: Thurs., Feb 13, 2020

Time: 1:30 PM

Place: Shirley Chang's home

Address: 4511 Charleston Drive,
Carmichael

Bring: \$5.00 for our AAUW funds
charity

RSVP: Shirley at 916-961-1577
or shirleychang1735@aol.com

FREE PLAY DAY: Tue Feb. 25,
2020 , same time, place & RSVP

Whodunits

Date: Tues, Feb 11, 2020

Time: 1:00 PM—2:30 PM

Place: Carmichael Library Meeting Room
5605 Marconi Ave., Carmichael

New members welcome. Briefly share
and highlight mystery books you have
read. Call Coby Bonner at 916-944-1506
with questions.

More Than Books

Date: Wed., Feb. 19

Hostess: Judy Allen

Topic: The Northwest

Time: 8:15 am

3rd Thursday Book Group

Date: Thurs, February 20, 2020

Time: 1:00 PM

Hostess: Gwen Houk, 4338 Paradise Dr., Carmichael

RSVP: by Feb 17th. 916- 965-6907 or dgwebersl@aol.com

Book: *The Shepherd's Life* by James Rebanks



Great Decisions



The Great Decisions group will
hold its first meeting on Tues-
day, Feb 4th from 1-3 PM in the
Raley's Event Center at San
Juan and Sunset. Carolyn
Stewart will lead the discussion on the
first chapter on the important topic of
"Climate Change". On Feb 18th, the
group will read and discuss the chapter on
"India and Pakistan".
For questions, please contact Carolyn
Stewart gorlyn@pacbell.net.

Tech Trek

This year, Tech Trek camp is scheduled
for July 19-25 at UC Davis. Volunteers
are always welcome and needed.

There is a need for Dorm Mom volun-
teers. If you would like to be part of
this amazing experience, contact Joyce
Farruggia: joyce1944@me.com or
Mary Duval: fogardengirl@comcast.net.

EXPANDING OUR HORIZONS

Bird Watching

Date: Tues., February 4

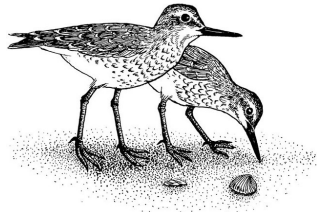
Time: 8:00 AM

Place: Vic Fazio Yolo Wildlife Area—again! "Fog got us in Jan, so we'll try again."

About 30 min. to get there; the wildlife area is mostly a driving route.

Meet: Calico Corners in Quail Pointe Shopping Center at Sunrise & Madison. Pouring rain cancels the event.

Please RSVP to Charlene at 726-9204 or Char3@surewest.net or Charlene's cell at 203-3587 Tuesday morning if you need to cancel.



Gadabouts *

Date: Thursday, February 27th

Place: Meristem School
9200 Fair Oaks Blvd
Fair Oaks, CA
916-369-1000

Program: Tour begins at 11:00. Wear sturdy shoes that can get dirty. Lunch will be served at the school at 12:30 - complimentary.

RSVP: Carolynn Michaels at 916-487-9480 or andreacarolynn@att.net
MUST RSVP by February 20th as I need to let the school know how many they will be serving

Meristem is a unique day and independent living program dedicated to serving young adults on the autism spectrum. Get additional information on their web page at meristem.pro Also visit their Facebook page. This should be very interesting!!



California Issues

Meeting: Feb. 24, 2020

Time: 10:15 a.m.

Topic: Immigration Issues

Where: at the home of Mary Duval.

The group continues its study of the changing immigration policies.

Contact Mary Duval for information: fogardengirl@comcast.net Phone: 916 967-6272

* **Gadabout:** a person who goes out a lot and does not worry about other things they should be doing — Cambridge English Dictionary

World Country Study Group

Date: Wed, Feb 26th

Time: 12:30-2:30 PM

Place: at the home of Elaine Bemis- 3933 Minnesota Avenue, Fair Oaks, CA 95628-7319

Program Country: Russia

Topic: Russian Music, coordinated by Mary Toutonghi



The Program of Russian Music will include several piano solos by Rachmaninov played by Elaine, three duets by Tchaikovsky played by Elaine and her duet partner, Carol Bicos, musical examples of prominent Russian composers, a tape of Russian Choral Music shared by Fran Clarke, as well as background information for attendees on composers, instruments, and history.

There is no charge for the program and guests are welcome. Each attendee is encouraged to bring a plate of finger food to share with others. Mary and Janice appreciate your RSVP a week or so in advance.

Mary Toutonghi: mtoutonghi@comcast.net and
Janice Chung: jansongwalk@comcast.net

Save the Date! March 25th meeting at the United Universalist Society of Sacramento: Dr. Irina Tchantceva, the church's pianist, will speak on her experiences in Russia.
2:30 — 2:30pm. No charge.



Blue Ribbon Commission (BRC) ON ESTABLISHING A SACRAMENTO COUNTY WOMEN AND GIRLS COMMISSION

December 18 BRC meeting

(Lee Battershell was in attendance representing AAUW-CHAR)

Community surveys and meetings with women and girls throughout Sacramento County revealed these top concerns:

- Safety/violence against women (59%)
- Housing/Homelessness (49%)
- Economic well-being (41%)
- Education (32%)
- Health/Reproductive care and education (30%)



Erin Saberi

To address these issues and identify other issues we formed five ad hoc committees and assigned BRC members to those committees:

1. Ad Hoc Committee on Assessing Need
 - Define the needs identified during the listening sessions.
2. Ad Hoc Committee on Resources
 - Identify all organizations currently serving Women & Girls in Sacramento County.
 - Create a matrix of issues being addressed and prioritized.
 - Identify known data of organizations serving women & girls in Sacramento County.
3. Ad Hoc Committee on Data & Information
 - Identify current data regarding women and girls known to county departments and agencies in cities within the county.
4. Ad Hoc Committee on Women's Commission Models
 - Review Women's commission models in California counties, other states, and internationally.
 - Document the structure, role, value, and responsibility of commissions.
5. Ad Hoc Committee on Youth
 - Review Youth concerns and support

(see next page for Jan 21 meeting summary)



Blue Ribbon Commission meeting

January 21, 2020

(PJ Missman and Roberta Schmalz were in attendance representing AAUW-CHAR)

The meeting was held at the Women's Empowerment facilities. There were 21 members present, not enough to establish a quorum, as there are 45 members on the commission.

Rick Heyer, a counsel for Sacramento County, gave a presentation on the Brown Act which requires local government meetings to be open to the public and open to public comments.

At the last meeting on 12/18, smaller work groups were formed. We all broke into our groups to establish leaders and work assignments. Our CHAR member will help gather information on existing services that are offered to women in our county. CHAR will be researching and uploading this data onto Google Worksheets. Charmen Goehring will be our group's leader. The Ad Hoc Advisory Committees that have been formed are:

- Assessing Need
- Existing Resources
- Gathering Existing Data & Information
- Women's Commission Models
- Youth Advisory

The important thing for us to do as a commission is to study what exists in our county and assess where the gaps are, in both services and needs. We will then pass this information on to the Sacramento County Board of Supervisors in order to enable the board to make an informed decision on whether or not to establish a Commission on Women and Girls in our county. This is extremely important work. If you want to attend a meeting, either to just learn about it all or to help with a work group, please let PJ Missman and/or Lee Battershell know.

The next meeting is February 19, 4-6pm at a location in District 3 (location TBD)

NEW BUSINESS



ARCHIVING CHAR RECORDS

The Center for Sacramento History is interested in what we do and have done at CHAR. We are gathering past CHAR history to include in the museum. Elaine Bemis has generously loaned her garage space for our staging area. If you have CHAR records to contribute to the museum, please call Elaine Bemis at 916-966-0814 or 916-952-9127 and arrange for a drop off time, or give the items to Charlene Eberwine, Elaine Bemis, or Lee Battershell to deliver for you.

MEMBERSHIP PARTICIPATION TRACKING

AAUW-CA has designed a tool for Tracking Membership Participation. The tool will help us determine how well we are serving our members AND it will help establish how much time we spend on 501c3 and 501c4 activities. Katie Battershell will help develop the tool on our AAUW CHAR web page to enable easier access.

More to come...

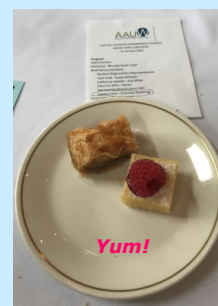
AAUW Funds Luncheon

Capitol Counties Interbranch Council – January 25, 2020

The annual funds luncheon, hosted by each of the branches belonging to the Interbranch Council was a huge success. The lunch at Plates is always delicious and it's so inspiring to hear from the women who are being helped through St John's Program for Real Change. 101 women attended from all 8 branches and 3 college affiliates. CHAR was represented by 18 members and our ARC students joined the UC Davis members and the CSUS students, enough for 2 full tables of students. Much networking was done and new friendships were made!

There were a great many things for sale in the Silent Auction from each branch, including some delicious brownies from Davis (PJ got those!) – CHAR raised \$407 for AAUW FUNDS, which includes the AAUW Grant awards for women in higher education. In addition, sale of the table decorations brought in \$150 for Days for Girls. Thank you to everyone who donated items; the money goes to AAUW FUNDS. We could see the importance of our AAUW donations in the wonderful young women who spoke to us about their lives and educational experiences, and the fascinating work they are doing!

This is our chance locally each year to hear from our Grant Recipients and learn about how our AAUW Funds donations really make a difference in the lives of women and girls.



SAVE THE DATE! **March 24** at the Sylvan Library – 11am

Tips and Pointers for Senior Drivers

Open to All. We will be offering snacks, coffee and tea.

Jerrold Sieberg is a DMV Senior Driver Ombudsman for Sacramento and Northern California in The SENIOR DRIVER OMBUDSMAN PROGRAM

In an effort to keep all of us driving safely for as long as we can, the DMV has created a Senior Driver Ombudsman Program.

There are currently five Ombudsmen assigned to this program located in various parts of California. The primary function of the Ombudsman Program is to represent the interests of public safety for all Californians with a special interest in addressing the concerns of senior drivers. The Ombudsman can assist as a "go-between" to ensure that senior drivers are treated fairly, consistent with the laws and regulations, and with the dignity and respect they deserve. The Ombudsmen are available to assist in individual cases, as well as participate in outreach seminars for large and small audiences to promote driver safety in California with an emphasis on senior issues.



Register for the AAUW California 2020 Convention!

April 17-19

Westin San Francisco Airport, Millbrae.

Register at the AAUW CA website:

<https://www.aauw-ca.org/2020-convention/>

DAYS FOR GIRLS

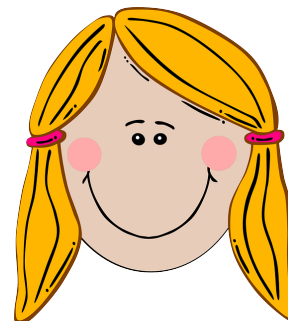
Date: Wednesday, February 12, 2020

Time: 1:30 PM

Place: 4511 Charleston Dr., Carmichael

RSVP: shirleychang1735@aol.com

Reminder: At the CA Convention April 18 in San Francisco, CHAR will be leading the assembling of 500 kits for Rwandan refugees. *See below* to see what's needed, what you can do . . .



Please plan to go to the Convention and help with this wonderful event.

Help AAUW-CHAR: DAYS FOR GIRLS Hygiene Kits

This project supports women in many places. Right now we are trying to fulfill a request from the United Nations High Commissioner for Refugees (UNHCR) Rwanda for 500 of these hygiene kits for the Rwanda refugee camp.



Labor of Love

What we need:

⇒ Money to build the kits

Write check to AAUW/CHAR
with Days For Girls in "for" space, and send to:

WRITE CHECK to:

AAUW CHAR
c/o Roberta Schmalz
4057 Albert Drive
El Dorado Hills, CA 95762

⇒ Kit materials — donations in kind

- Dark washcloths
- Hotel-sized soap
- 5/8" colored grosgrain ribbon
- Girls' 100% cotton undies (sizes 10, 12, 14, 16)
(solid color, geometric, floral, no eyes, glam, or solid white)
(brief, hipster, or bikini, no thong or boy shorts)
- 100% new cotton flannel and quilter's cotton
(dark "stain-busting" colors, no eyes, no faces, no glam)
- Samsonite Tote A Ton duffle bags (Amazon.com)

DROP OFF POINT:

KAREN WILKES
5016 Brower Court
Granite Bay, CA 95746
bkwilkes@gmail.com

OK, you've heard about it — How will you help?

IN MEMORY

With input from: Linda L. West, Mary Duval, Shirley Chang, Dorothy Sutter, Prudence Clark, Lee Battershell, Mary Toutonghi

Three of AAUW CHAR's long-time members have passed. Here is some info from their obituaries. Betty Ballantine was a member at the time of her passing. Betty Poulin was living in assisted living and not a current member. Esther Leal had been the Ripples newsletter editor until just this past November.

Esther Leal

June 16, 1942 - January 26, 2020

We just received news that our beloved member, Esther Leal passed away. As you all know Esther loved CHAR and did a lot to help CHAR be what it is today. Esther was the Ripples Editor for many years, with help from her husband Tam LeFebure. Esther did so much for so many. Thank you Esther. We miss you!

If you would like to join with her friends and family on Friday, please call Prudy Clark for details.

"We will all remember our dear Esther with love and admiration. I am so grateful to have enjoyed one last visit with her about a week ago and to have seen that special smile of hers as we shared common experiences in AAUW." – Mary Toutonghi

"I loved seeing Esther's beautiful smile and blue eyes at the Days for Girls work days. She was an enthusiastic supporter of this important work." – Karen Wilkes



Betty R. Ballantine

May 5, 1924 - November 8, 2019

Married 70 years to Bill Ballantine. Memorial service December 20, 2019, at Carmichael Presbyterian Church, where they were members 60 years. Betty loved cooking, gardening, dancing, and traveling.

Betty graduated from Oregon State College with a degree in Dietetics. She worked at a children's hospital in San Francisco and a hospital in Madison WI. She and Bill, the love of her life, were married for 70 years. Betty was a member of CHAR since 2000. She and Bill enjoyed participating in CHAR bridge groups and the Couples Dining-Out group.

A note from Dorothy Sutter –

Betty was a long-time member of Del Campo's gal's Bridge & Luncheon Group. She was an incredible cook. She belonged to the International Exchange Club and hosted an international student. She and Bill joined Art and I on a memorable trip to Cabo San Jose. Betty & I took a lively aerobics class together fifteen years ago. We were certainly the oldest in the group. She was wonderful !!"

Elizabeth L. Poulin (Betty)

June 17, 1927 - December 26, 2019

Married to Col. Paul R. Poulin for 66 years; they had 5 children. She enjoyed her years as an Army wife, traveling the world. The family held a celebration of life in Monterey. She was buried at the Sacramento Valley National Cemetery in Dixon, California with her husband. She loved cooking, genealogy, and bridge. Betty was a longtime member of CHAR. Betty was best known for her participation in bridge groups for many, many years, and especially for chairing Marathon Bridge.

We are taking donations to honor our deceased members in the form of a scholarship in their name. Donation checks should be written to ARC Foundation. In the FOR line put Memorial Scholarship AAUW CHAR and the person's name. Checks should be sent to Roberta Schmalz 4057 Albert Circle, Eldorado Hills, CA 95762.

Women's March

January 18, 2020

AAUW-CHAR joined with AAUW-Sacramento and other AAUW branches in the 2020 Women's March.

"Thousands of people participated in Saturday's demonstration for reproductive rights, immigration reform and environmental equity at the Sacramento Women's March in downtown Sacramento, in what was among the state's strongest showing for the four-year-old protest.

The Sacramento Police Department estimated between 10,000 and 12,000 people attended the march throughout the day." – Sacramento Bee, Feb 19, 2020, Page 1B
<https://www.sacbee.com/news/article239430033.html>

NBC national news even included a brief shot or two of the march!



AAUW info table at Southside Park before the march (CHAR: Carol Steiger, Lee Battershell, PJ Missman; SAC: Jan Stuter)



Marching proudly with the AAUW banner: AAUW-CHAR– Lynn Meyer, PJ Missman (back); AAUW@ARC – Liz Adam+ Samantha Brady; AAUW-Sacramento



The gathering at Capitol Mall

This is not an AAUW event, but in case you are interested:



THE REPORT ON THE STATUS OF WOMEN AND GIRLS IN CALIFORNIA™

MARCH 26, 2020 10 A.M. TO 2 P.M.

SKIRBALL CULTURAL CENTER
LOS ANGELES

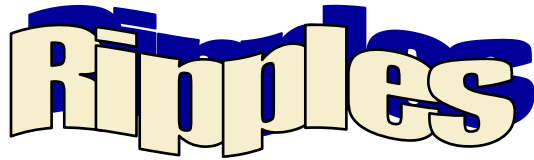


100 YEARS: FROM WOMEN EARNING THE VOTE TO CLAIMING THEIR POWER

Join us as we celebrate 100 years
of women's empowerment and discuss
the path toward future equity.

FOR MORE INFORMATION VISIT:
[MSMU.EDU/STATUSOFWOMEN](https://msmu.edu/statusofwomen)

CHAR-AAUW Ripples
4636 Rustic Road
Carmichael, CA 95608



Deadline for Mar. Ripples
 Feb 10th — email Ray@Missman.org
CHAR website:
Citrusheights-ca.aauw.net
Facebook:
www.facebook.com/aauwchar
Email: charaaauw@gmail.com

February 2020



Sun	Mon	Tue	Wed	Thu		Sat
						1
2	3 Board Meeting	4 Birding + Grt Decisions	5 Fund-raising committee	6 Hungry Ladies	7	8 100-year Suffrage
9	10	11 Who Dunit's	12 Days for Girls	13 Mahjong	14	15
16	17	18	19 BRC mtg; More Than Books	20 3rd Th Books	21	22
23	24 CA Issues	25 Mahjong	26 World Country	27 Gad-about	28	29



AMERICAN ASSOCIATION OF UNIVERSITY WOMEN MISSION STATEMENT:
AAUW advances equity for women and girls through advocacy, education, philanthropy and research. 020