

CITRUS HEIGHTS-AMERICAN RIVER BRANCH

March 2019, Volume 58, No. 7

**March International Affairs Meeting and Potluck  
Saturday, March 9, 2019 11:30 AM**

**Edgewood Community Club House,  
5688 Spyglass Lane, Citrus Heights.**

(Directions: From Sunrise Blvd., -directly south of Sunrise Mall,- turn east at Kingswood Drive, right on Spyglass Lane)

Women and Forced Migration: Stories of Courage  
and Empowerment

Speaker: Joy Justus—of World Relief Sacramento



**CHAR Annual Business Meeting**

**Please bring your favorite international dish to serve 6-8.**

Appetizers H-L, Salads A-G, Main dishes M-S, Desserts T-Z

Coffee, tea, lemonade and wine will be available.

A \$10 donation is suggested if bringing food is not convenient.

**RSVP** by March 7th to Fran Clarke

Provide items to fill welcome kits for Afghan refugees who arrive with few belongings.  
These are families of men who served as U.S. Army translators.

**Suggestions include:** pots, pans, baking sheets, manual can opener, cutting board, dish soap, sponges, cleaning cloths, cleanser, toilet cleaning brush, laundry detergent, broom, toilet paper, shampoo, bars of soap, tubes of toothpaste, diapers and wipes, deodorant, disposable razors, shaving cream, hangers, washcloths, hand towels, kitchen towels, bath towels, light bulbs, bed linens and blankets: twin and queen sizes, pillows, pillow cases.

**Most of these items** should be new, in original packaging. Some may be "gently used" but only if they truly are like new.

Save the Date: Saturday, April 13th Author's Luncheon—See page 7 for more info.

## PRESIDENT'S MESSAGE

**At this writing (February 9)** neither the Arizona House nor the Virginia house have passed the Equal Rights Amendment (ERA). I hope in April I can say both Arizona and Virginia passed the ERA.

**On a more positive note**, ARC President Thomas Greene authorized ARC to become a member of AAUW and President Samantha Brady and Professor Dyanne Marte established AAUW@ARC--the first AAUW student club at ARC. That means we have a voice on campus, both faculty and students have access to AAUW scholarships and grants, and students have access to additional training and support to help them promote women's equality.

**Extra added bonuses**--AAUW@ARC is hosting and helping plan our ARC Scholarship Fund Raiser for November 2019 and they want to help with Tech Trek. (FYI. If the name Samantha Brady is familiar, that's because she was a 2018 scholarship winner and a model at our 2018 Fashion Show fundraiser.)

**We were spotlighted** by AAUW-CA for our October Ballot Proposition Forum that was originated by Mary Toutonghi and her Public Affairs Committee in 2014 and presented in October 2018 by CHAR member Charmen Goehring with Sacramento AAUW and committees.

**CHAR leader Erin Saberi** and committee working to establish a Women's Commission invite you to an action packed program on Women's Day March 8, 5:30 pm (p 6). Do you want to host a women and girls listening circle to identify Women's issues for the Sacramento County Board? Contact [esabari@me.com](mailto:esabari@me.com) or [molly.ambassador@unitedtstatesofwomen.org](mailto:molly.ambassador@unitedtstatesofwomen.org).

**At our March 9th monthly meeting, hear Joy Justice** explain how World Relief helps women refugees in the Sacramento area.

**Make reservations for April 1** to support the Equal Pay legislation at the Sacramento Capitol (p. 7) **And we are looking for a leader** for our Special Interest Caring Committee (p. 7).

## EQUAL MEANS EQUAL

*Lee Battershell-Baird*  
CHAR President

## OFFICERS 2018-2019

**PRESIDENT**  
**Lee Battershell-Baird**

**PROGRAM VP**  
**PJ Missman**

**CO-V.P. MEMBERSHIP**  
**Finance—Karen Campbell**  
**Hospitality—Darlene Houston**

**V.P. AAUW FUNDS**  
**Elaine Bemis**  
**Shirley Chang**

**SECRETARY**  
**Mary Toutonghi**

**TREASURER**  
**Roberta Schmalz**



Next Board Meeting  
Monday, March 4, 2019  
10:00 AM  
Raley's Community Room  
San Juan at Sunset,  
Fair Oaks, CA

Ripples Deadline:

Sunday, March 10, 2019  
Email to Esther Leal  
[emleal@comcast.net](mailto:emleal@comcast.net)

# CHOICES CHOICES!

## 3rd Thursday Book Group

**Date:** Thurs., Mar. 21, 2019

**Time:** 1:00 PM

**Hostess/Discussion Leader:**

Leontine Oberg

**RSVP:** by Mon., March 12th

**Book:** *Grandma Gatewood's Walk* by Ben Montgomery

## Great Decisions

**Dates:** Meets 1st and 3rd Tues.,  
thru May 2019

**Time:** 1:00 PM-3:00 PM

March 5th topic will be "The Middle  
East: Regional Disorder" (Ch. 2) in-  
stead of Nuclear Negotiations.

Mar. 19th Topic: (Ch. 4) Rise of Popu-  
lism in Europe

**Place:** Raley's Meeting Room  
San Juan at Sunset in Fair Oaks.

**Contact:** Virginia Sturdevant

## CA Water Issues

will combine with Gadabouts in March,  
instead of their regular meeting on the  
4th Monday.



See Gadabouts for reser-  
vation information.

## More Than Books

**Time:** 8:15 AM

**Date:** March 20, 2019

**Hostess:** Carol Stieger

**Topic:** Meaningful location

## Whodunits

**Date:** Tues., March 12, 2019

**Time:** 1:00—2:30 PM

**Place:** Carmichael Library

Be prepared to briefly highlight any mys-  
tery books read recently and share with  
the group. New members welcome. Call  
Coby Bonner with questions.

This is a good way to get exposure to  
many different mystery writers. CHAR/  
AAUW members can purchase books at  
The Bookworm, 4949 Walnut Ave., Carmi-  
chael

(Walnut and Marconi Aves.) Mention the  
Whodunits for the discount.

## Hungry Ladies Eating Out

**Date:** Thurs., March 7, 2019

**Time:** 6:00 PM

**Place:** Zinfandel Grill

**Address:** 2384 Fair Oaks Blvd,  
Sacramento

**Hostess:** Carolyn Michaels

**RSVP** and questions to:  
Carolyn Michaels



# EXPANDING OUR HORIZONS



## Bird Watching

**Date:** Tues., March 5, 2019

**Time:** 8:00 AM

**Place:** Vic Fazio Yolo Wildlife Area, about a 30 min. drive.

This is mostly a driving route. Meet at Calico Corners in Quail Pointe Shopping Center at Sunrise and Madison. Pouring rain cancels the event. Please RSVP to Charlene if you plan to attend, need binoculars, have questions or are willing to drive. Call Charlene's cell Tuesday morning if you need to cancel.

## Mah Jongg

**Date:** Thurs., March 14, 2019

**Time:** 1:30 PM

**Place:** Shirley Chang,

**RSVP:** Shirley

This is a fundraiser for AAUW, so please bring \$5.00.

Starting March 26th, at 1:30 PM a free Mah Jongg Play Day will be held at Shirley's home. Come drop in and join the group. This will continue monthly if there is enough interest in the extra day each month.

## World Country Study Group

**Will not meet in March.**

### Reminder about the February program on Thurs. Feb. 27th:

Mary Toutonghi will present a program on Romanian Music for our February Meeting. Come enjoy music by Enescu, Bela Bartok, Franz Liszt, and Gypsy artists as well as professional folk dance groups. A guest, Ed Mack, will bring his dulcimer from Romania for us to hear as well.

Fair Oaks Library Community Room  
12:30-2:30 PM

## Days for Girls

**Date:** Wed. March 13, 2019

**Time:** 1:30 PM

**Place:** Shirley Chang

**RSVP:** Shirley

March 2nd— Celeste Mergens, CEO and Founder of Days for Girls will give a presentation. See page 6

## Gadabouts

**CA Water Issues – Gadabouts Delta Heartbeat Tour** on March 28, Thursday, will be on a single 15-seat van. There will be a limited amount of open seats for the all day tour of the delta, which will be focused primarily on water issues.

**This will be an all day tour** and include some uneven walking and on and off the van. Tentatively the van will pick us up at Bel-Air Shopping Center in Gold River (details by email later) at 8:15 AM and take us to St. Joseph Catholic Church in Clarksburg to meet any who choose to meet there instead and for a short tour of this 126 year old church. We will then head to the Freeport Water Intake Facility and down the Delta river roads to the Dutra Museum in Rio Vista.

**Please email Janice Chung** for important descriptions and details. I will be creating an email distribution group for just those interested in the tour.

## Tech Trek Update

Selection process is underway for our five new scholarship recipients. Winston Churchill, Mills Middle School and John Barrett Middle School are the three schools being contacted this year.

The first reunion of former campers is planned for May of this year in recognition of the 20 year history of Tech Trek. Lee Battershell-Baird is working on building a database for the 5 year tracking of our TT campers to ensure contact with former campers to invite to future reunions. Tea cups are still needed for a get-to-know-you game. It will be held at Christ Community Church in Carmichael. Anyone wanting to help out with this reunion is asked to contact Mary Duval.



Donations to Tech Trek are always gratefully accepted. Through a combination of individual support and corporate grants, CHAR has been able to send four to five deserving girls each year to camp.

## Proposed AAUW California Public Policy Action Priorities 2019 - 2021

- Pay equity, fairness in compensation and benefits, and economic justice.
- Equitable access and advancement in employment, through vigorous enforcement of employment antidiscrimination statutes, including age discrimination.
- Strengthening retirement benefits and programs, including public pension viability, and protecting Social Security from privatization or reduction in benefits.
- Programs that provide all women with education, including financial literacy, training, and support for success in the work force.
- Strengthening programs that encourage career development and earning potential, including career and technical education, access to postsecondary education, job training for welfare recipients and training for incarcerated women.
- Policies that support work-life balance, including medical leave, family leave, quality and affordable child and dependent care. To support a strong system of high quality public education, AAUW California advocates:
  - Vigorous enforcement of federal Title IX (Education)

Contact Charmen Goehring-Fox for more information of these issues and how you might become involved or offer support. Email: [charminme@yahoo.com](mailto:charminme@yahoo.com)

## INTERNATIONAL WOMEN'S DAY

organized by CHAR member Erin Saberi

March 8, 2019 5:30PM - 7:30PM 6601 Elvas Ave, Sacramento  
(Girl Scouts Heart of Central California Offices)

### Special Guest Speakers

KENDRA HARRIS

Executive Director California Commission on the Status of Women and Girls

CHANTAY WHITE

Ambassador for Women's Empowerment

SHAY FRANCO-CLAUSEN

Chair, Santa Clara Commission on the Status of Women

We're coming together to spend the month of March (Women's History Month)  
listening and sharing.

Information from the Listening Circles will inform our efforts to establish a  
Sacramento County Commission for Women and Girls.

**Please RSVP: [sacwomenscommission@gmail.com](mailto:sacwomenscommission@gmail.com)**

## Membership Renewal Season coming!

Starting March 16th, the renewal season for AAUW begins. In the April Ripples will be a Membership Renewal Form.

Online renewal letters will also be sent by email from AAUW in which you can pay by credit card. Look for your email notice around the last part of March.

Your choice as to how you renew! AAUW works hard to promote equality in schools, the workplace and in our communities. Help make life better for women and girls with your financial and vocal support!



## Days for Girls

March 2nd will be a major presentation by Celeste Morgan, the founder of Days for Girls. Kits will be assembled in 15 minute segments. If you would like to participate, contact Shirley Chang for the times our branch will be going. Karen Wilkes will be taking complete kits to Africa in September. Following the March 2nd event, our group will continue to prepare kits for distribution the next year.



Please join us at any time. Everyone is welcome. Sewing is not a requirement to participate!

Contact Karen Wilkes for more information.



## RESERVE APRIL 1 ON YOUR CALENDAR

for a trip to the Capitol in support of the equal pay legislation. Listen to Senator Hannah Beth Jackson during a private luncheon at the Capitol, and tour the Capitol building. meeting begins at 11:30 AM. Individual cost will be about \$15 each. Sue Miller will send us more information on how much, where to send your checks, and how to make reservations.

## HELP WANTED -

### A LEADER FOR THE CARING COMMITTEE

Several members have asked if we can start a caring committee. We can definitely use such a committee to keep us informed when our members are ill or need help, and to set up a format so we can be there for each other. NY and San Francisco have such organizations so there is help in structuring the format. Our leader would probably begin by researching the format that San Francisco and NY are using, then surveying our members to see what our members see as needs. If interested, please email Lee Battershell-Baird.



**Save the Date!** Saturday, April 13, 2019

Author's Luncheon  
North Ridge Country Club, 7600 Madison Ave, Fair Oaks

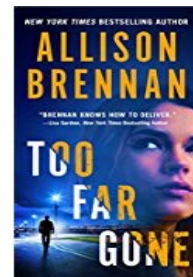
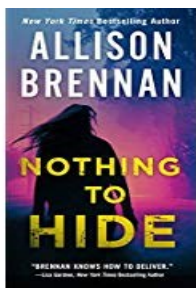
Allison Brennan, an American Best Seller Author

The luncheon choices will be:

- 1.) Angel hair pasta with 4 oz. grilled salmon, asparagus and a lemon cream sauce
- 2.) Portabella Mushroom Ravioli, house made marinara and whole grilled vegetables

Dessert: Chocolate Lava Cake

**Reservation information will be in the April Ripples.**







Deadline for Apr. 2019 Ripples  
 March 10th  
 See page 2 for address  
 Our CHAR website:  
[citrusheights-ca.aauw.net](http://citrusheights-ca.aauw.net)  
 Facebook:  
<http://www.facebook.com/aauwchar>

# March 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 Bird Watchers				1	2
3	4 Board Meeting	5 Great Decisions	6	7	8 Int'l Women's Day	9 Mo. Meeting
10	11	12 Who Dunits	13 Days for Girls	14 Mah Jong	15	16
17	18	19 Great Decisions	20 More Than Bks	21 Third Thurs Bks	22	23
24	25	26 Free Mah Jong	27	28 Gada-bouts	29	30
31						

**AAUW Mission Statement**  
*AAUW advances equity for women and girls through advocacy, education, philanthropy and research.*